Subeme La Radio



拍數: 80 牆數: 1 級數: Phrased Intermediate

編舞者: Roosamekto Mamek (INA) - March 2017

音樂: SÚBEME LA RADIO (feat. Descemer Bueno & Zion & Lennox) - Enrique Iglesias



Intro: 16 counts

Thank you "Lee Pascaigue" (Headlinerz of NJ) for sending me this nice song. I hope the choreography that I made is up to your liking.

Choreographer's Note: Please use hand style that fit best to you, to emphasize the choreography. And use hips move as much as possible.

SEQUENCE: A, B, C, A, B, A, C (2X), B, A, A (Short, 16 count), Pose.

PART A (32 COUNT)

A1: SIDE CHASSE, TURN 1/2 RIGHT SIDE CHASSE, PADDLE TURN 1/6 LEFT (3X), TOGETHER

1&2 Step R to side – Step L together – Step R to side

3&4 Turn ½ right step L to side – Step R together – Step L to side

5&6& Turn 1/6 left rock R to side – Recover on L – Turn 1/6 left rock R to side – Recover on L

7&8 Turn 1/6 left rock R to side – Recover on L – Step R together

A2: SIDE CHASSE, TURN 1/2 LEFT SIDE CHASSE, PADDLE TURN 1/6 RIGHT (3), TOGETHER

1&2 Step L to side – Step R together – Step L to side

3&4 Turn ½ left step R to side – Step L together – Step R to side

5&6& Turn 1/6 right rock L to side – Recover on R – Turn 1/6 right rock L to side – Recover on R

7&8 Turn 1/6 right rock L to side – Recover on R – step L together

A3: RIGHT SIDE MAMBO, LEFT SIDE MAMBO, VOLTA FULL TURN RIGHT

1&2 Rock R to side – Recover on L – Step R together
3&4 Rock L to side – Recover on R – Step L together

5&6& Turn ¼ right step R forward – Lock L behind R – Turn ¼ right step R forward – Lock L behind

R

7&8 Turn ¼ right step R forward – Lock L behind R – Turn ¼ right step R forward

A4: LEFT SIDE MAMBO, RIGHT SIDE MAMBO, VOLTA FULL TURN LEFT

1&2 Rock L to side – Recover on R – Step L together
3&4 Rock R to side – Recover on L – Step R together

5&6& Turn ¼ left step L forward – Lock R behind L – Turn ¼ left step L forward – Lock R behind L

7&8 Turn ¼ left step L forward – Lock R behind L – Turn ¼ left step L forward

PART B (32 COUNT)

B1: FUNKY TOES STRUTS, SIDE, TOGETHER, SIDE, TOUCH (R & L)

Touch R toes forward – Step R in place – Touch L toes forward – Step L in place
Touch R toes forward – Step R in place – Touch L toes forward – Step L in place

Step R to side – Step L together – Step R to side – Touch L beside R
Step L to side – Step R together – Step L to side – Touch R beside L

B2: RUN BACK (R-L-R), RUN BACK (L-R-L), SYNCOPATED DIAGONAL FORWARD, TOUCH

1&2	Step R back – Step L back – Step R back
3&4	Step L back – Step R back – Step L back

Step R diagonal forward – Touch L beside R – Step L diagonal forward – Touch R beside L
Step R diagonal forward – Touch L beside R – Step L diagonal forward – Touch R beside L

B3: MODIFIED KICK BALL CHANGE (R & L), TRIPLE STEP IN PLACE WITH HIPS

1&2&	Kick R forward – Step R beside L – Rock L to side – Recover on R
3&4&	Kick L forward – Step L beside R – Rock R to side – Recover on L

5&6& Step R together – Step L in place – Step R in place – Hitch (low hitch) L knee up

7&8 Step L beside R – Step R in place – Step L in place

B4: SIDE, BEHIND, SIDE, CROSS, SIDE, SAILOR STEP, BEHIND SIDE, CROSS, SIDE, BEHIND, SIDE

1 Step R to side

2&3& Cross L behind R – Step R to side – Cross L over R – Step R to side

4&5 Cross L behind R – Step R slightly to side – Step L to side

6&7& Cross R behind L – Step L to side – Cross R over L – Step L to side

8& Cross R behind L – Step L slightly to side

PART C (16 COUNT)

C1: SYNCOPATED WEAVE, CROSS/ROCK (ROCKING CHAIRS)

1&2&	Cross R over L – Step L to side – Cross R behind L – Step L to side
3&4&	Cross R over L – Step L to side – Cross R behind L – Step L to side

5&6& Turn 1/8 left (body facing 10:30) rock R forward – Recover on L – Rock R back – Recover on

L

7&8 Rock R forward – Recover on L – Turn 1/8 right step R to side

C2: SYNCOPATED WEAVE, CROSS/ROCK (ROCKING CHAIRS)

1&2&	Cross L over R – Step R to side – Cross L behind R – Step R to side
3&4&	Cross L over R – Step R to side – Cross L behind R – Step R to side

5&6& Turn 1/8 right (body facing 1:30) rock L forward – Recover on R – Rock L back – Recover on

R

7&8 Rock L forward – Recover on R – Turn 1/8 left step I to side

REPEAT

For Song & Step Sheet please contact: Roosamekto.Nugroho@gmail.com