

Dunga

拍數: 80 牆數: 2 級數: Phrased Intermediate
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音樂: Dunga - Maria Ale : (Single)



Sequence: A A B Tag1 A A12 Tag2 B A B

Intro: 16 counts

PART A: 32 counts

A1: Prissy Walk x2, Point, Touch, Sway x2, Side/Hip Roll, ½ L Cross Samba

1-2 RF cross over, LF cross over
3&4 RF point side, RF touch beside, RF step side and hips right
5-6 hips left, RF rotate hips anticlockwise and step side
7&8 LF ½ left cross over, RF rock side, LF recover [6]

A2: Cross, Sweep/Hitch (x2), ⅛ L Rock Fwd Recover, Step Lock Step Bkw

1-4 RF cross over, LF sweep and hitch forward, LF cross over, RF sweep and hitch forward
5-6 RF ⅛ left rock forward, LF recover
7&8 RF step back, LF lock across, RF step back [4.30]

A3: Rock Back Recover, Step Lock Step Fwd, Full Turn L, Rock/Press Fwd Recover

1-2 LF rock back, RF recover
3&4 LF step forward, RF lock behind, LF step forward
5-6 RF ½ left step back, LF ½ left step forward
7 RF rock forward push hips forward and arms crossed in front of chest
8 LF recover, push hips back and arms down [4.30]

A4: Rock/Press Fwd Recover, ⅜ R Fwd, ¼ R Side, Rock Back Recover, Pivot ½ L

1 RF rock forward push hips forward and arms crossed in front of chest
2 LF recover, push hips back and arms down
3-4 RF ⅜ right step forward, LF ¼ right step side
5-6 RF rock back, LF recover
7-8 RF step forward, R+L ½ turn left [6]

PART B: 48 counts

B1: Paddle ¼ L, C-Bumps (x2)

1-2 RF point side, RF ¼ left point side and hands folded in front of chest
3 RF touch beside dip down and push hips right
&4 raise slightly and hips back, straighten knees and push hips right
5-6 RF point side, RF ¼ left point side and hands folded in front of chest
7 RF touch beside dip down and push hips right
&8 raise slightly and hips back, straighten knees and push hips right [6]

B2: Cross, Point (x2), Sync. Jazz Box ¼ R Into Cross Shuffle

1-4 RF cross over, LF point side, LF cross over, RF point side
5-6& RF cross over, LF ¼ right step back, RF step side on ball foot
7&8 LF cross over, RF step side, LF cross over [9]

B3: Paddle ¼ L, Touch/Dip, C Bumps (x2)

1-2 RF point side, RF ¼ left point side and hands folded in front of chest
3 RF touch beside dip down and hips right
&4 raise slightly and hips left, straighten knees and hips right
5-6 RF point side, RF ¼ left point side and hands folded in front of chest

7 RF touch beside dip down and hips right
&8 raise slightly and hips left, straighten knees and hips right [3]

B4: Cross, Point (x2), Sync. Jazz Box ¼ R Into Cross Shuffle

1-4 RF cross over, LF point side, LF cross over, RF point side
5-6& RF cross over, LF ¼ right step back, RF step side on ball foot
7&8 LF cross over, RF step side, LF cross over [6]

B5: Rock Side Recover, Behind Side Cross (x2)

1-2 RF rock side, LF recover
3&4 RF cross behind, LF step side, RF cross over
5-6 LF rock side, RF recover
7&8 LF cross behind, RF step side, LF cross over [6]

B6: Shuffle ½ L, Coaster (x2)

1&2 RF ¼ left step side, LF step beside, RF ¼ left step back
3&4 LF step back, RF together, LF step forward
5&6 RF ¼ left step side, LF step beside, RF ¼ left step back
7&8 LF step back, RF together, LF step forward [6]

TAG 1

Slow Prissy Walk x2

1-4 RF cross over, hold, LF cross over, hold

TAG 2

Rocking Chair

5-8 RF rock forward, LF recover, RF rock back, LF recover
