

Shape of You (Imp)

拍數: 64 牆數: 4 級數: Improver
編舞者: Chris Ng (MY) - March 2017
音樂: Shape of You - Ed Sheeran



Intro: 16 counts

S1: SIDE MAMBO, SIDE MAMBO, FWD MAMBO, BACK BODY ROLL

1&2 Rock L side, recover R, close L next to R
3&4 Rock R side, recover L, close R next to L
5&6 Rock L fwd, recover R, step back L
7, 8 Step R back with back body roll (12:00)

S2: SIDE, TOGETHER, ¼ TURN L FWD, FWD MAMBO, BACK MAMBO, TOUCH SIDE, TOUCH FWD

1&2 Step L to L side, close R next L, ¼ turn L fwd
3&4 Rock R fwd, recover L, step back R
5&6 Rock L back, recover R, step fwd L
7, 8 Touch R to R side, touch R fwd (9:00)

S3: OUT, OUT, IN, IN, FWD, ¼ L, CLOSE, POP KNEES OUT, POP KNEES IN

1,2,3,4 Step R out R diagonally, step L out L diagonally, step back R, step L next to R
5, 6, 7 Step R fwd, ¼ turn L, close R next to L (arms touch across in front body)
8 & Pop knees out (pull both elbows slidely out, look to L), pop knees in (push both elbows in, look to center) (weights on L) (6:00)

S4: CROSS SAMBA, CROSS SAMBA, JAZZ BOX, STEP TOGETHER

1&2 Cross R over L, step L to L side, step R to R side
3&4 Cross L over R, step R to R side, step L to L side
5,6,7,8 Cross R over L, step back L, step R to R side, step L next to R (6:00)

S5: CROSS, SIDE, CROSS, SIDE, CROSS, SIDE, CROSS, SIDE MAMBO, SIDE MAMBO

1&2& Cross R over L, step L to L side, cross R over L, step L to L side
3&4 Cross R over L, step L to L side, cross R over L
5&6 Rock L side, recover R, close L next to R
7&8 Rock R side, recover L, close R next to L (6:00)

S6: 3/8 TURN L WITH 3 LOCK STEPS, 1/8 L, FWD MAMBO, BACK MAMBO

1& L 1/8 step L fwd, lock R behind L
2& L 1/8 step L fwd, lock R behind L
3& L 1/8 step L fwd, lock R behind L
4 L 1/8 step L fwd
5&6 Rock R fwd, recover L, step back R
7&8 Rock L back, recover R, step fwd L (12:00)

S7: ¼ SIDE, BACK, ROCK, SIDE, BACK, ROCK, ¼ SIDE, BACK, ROCK, SIDE, BACK, ROCK

1a2 ¼ L step R to R side, rock back L, recover R
3a4 Step L to L side, rock back R, recover L (9:00)
5a6 ¼ L step R to R side, rock back L, recover R
7a8 Step L to L side, rock back R, recover L (6:00)

S8: ¼ SIDE, BACK, ROCK, SIDE, BACK, ROCK, JAZZBOX, TOUCH

1a2 ¼ L step R to R side, rock back L, recover R
3a4 Step L to L side, rock back R, recover L

5,6,7,8 Cross R over L, step back L, step R to R side, touch L next to R (3:00)

****No Tag, No Restart****

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Last Update - 20th April 2017
