Shape of You (Imp)



拍數: 64 牆數: 4 級數: Improver

編舞者: Chris Ng (MY) - March 2017 音樂: Shape of You - Ed Sheeran



Intro: 16 counts

S1: SIDE MAMBO	. SIDE MAMBO	. FWD MAMBO.	BACK BODY ROLL

1&2	Rock L side, recover R, close L next to R
3&4	Rock R side, recover L, close R next to L
5&6	Rock L fwd, recover R, step back L
7. 8	Step R back with back body roll (12:00)

S2: SIDE, TOGETHER, 1/4 TURN L FWD, FWD MAMBO, BACK MAMBO, TOUCH SIDE, TOUCH FWD

1&2	Step L to L side, close R next L, 1/4 turn L fwd
3&4	Rock R fwd, recover L, step back R
5&6	Rock L back, recover R, step fwd L

7, 8 Touch R to R side, touch R fwd (9:00)

S3: OUT, OUT, IN, IN, FWD, 1/4 L, CLOSE, POP KNEES OUT, POP KNEES IN

1,2,3,4	Step R out R diagonally, step L out L diagonally, step back R, step L next to R
5, 6, 7	Step R fwd, ¼ turn L, close R next to L (arms touch across infront body)

8 & Pop knees out (pull both elbows slidely out, look to L), pop knees in (push both elbows in,

look to center) (weights on L) (6:00)

S4: CROSS SAMBA, CROSS SAMBA, JAZZ BOX, STEP TOGETHER

1&2	Cross R over L, step L to L side, step R to R side
3&4	Cross L over R, step R to R side, step L to L side

5,6,7,8 Cross R over L, step back L, step R to R side, step L next to R (6:00)

S5: CROSS, SIDE, CROSS, SIDE, CROSS, SIDE, CROSS, SIDE MAMBO, SIDE MAMBO

1020	Cross R over L, step L to L side, cross R over L, step L to L side
3&4	Cross R over L, step L to L side, cross R over L
5&6	Rock L side, recover R, close L next to R

7&8 Rock R side, recover L, close R next to L (6:00)

S6: 3/8 TURN L WITH 3 LOCK STEPS, 1/8 L, FWD MAMBO, BACK MAMBO

1&	L 1/8 step L fwd, lock R behind L
2&	L 1/8 step L fwd, lock R behind L
3&	L 1/8 step L fwd, lock R behind L

4 L 1/8 step L fwd

5&6 Rock R fwd, recover L, step back R

7&8 Rock L back, recover R, step fwd L (12:00)

S7: 1/4 SIDE, BACK, ROCK, SIDE, BACK, ROCK, 1/4 SIDE, BACK, ROCK, SIDE, BACK, ROCK

1a2	1/4 L step R to R side, rock back L, recover R
3a4	Step L to L side, rock back R, recover L (9:00)
5a6	1/4 L step R to R side, rock back L, recover R
7a8	Step L to L side, rock back R, recover L (6:00)

S8: 1/4 SIDE, BACK, ROCK, SIDE, BACK, ROCK, JAZZBOX, TOUCH

1a2	1/4 L step R to R side, rock back L, recover R
3a4	Step L to L side, rock back R, recover L

5,6,7,8 Cross R over L, step back L, step R to R side, touch L next to R (3:00)

No Tag, No Restart

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