

40 Years

拍數: 64 牆數: 2 級數: Improver +
編舞者: Christiane FAVILLIER (FR) - March 2017
音樂: Boobs - The Bellamy Brothers : (Album: 40 years)



Musical Intro 40 Time (start on the lyrics of the song)

Sequence: 64.64, Tag 16 T (12H) - 32T Restart (12H) - 64, 64, 64, 32 and final 6 times

[1 to 8]-JUMP & OUT - BACK JUMP & IN - HOLD & CLAP - KNEE POP

& 1 2 Small jump forward by spreading legs, HOLD, tap into hands
& 3 4 Small jump back, bringing legs back to center, HOLD, clap hands
5 6 7 8 Enter the knee R inside, then the knee L, then the knee R, then the knee L,

[9-16] -TOE STRUT WITH PIVOT ¼ TURN R (X2) - TOE STRUT WITH PIVOT ½ TURN R (X2)

12 Rotate 1/4 turn to R (3H) with right foot resting on right, place heel R
34 Pivot 1/4 turn to R (6H) with step on left, step left heel forward
56 Pivot 1/2 turn at R (12H) with right foot, place heel R on the spot
78 Pivot 1/2 turn at R (6H) with step on left, place heel on left

[17 to 24] -CLOSED RF, CROSS LF & HOLD - JUMP STEP SIDE R, CROSS LF & HOLD, R VINE & L SCUFF

& 12 Step back next to left, cross right over left, HOLD
& 34 Small jump to R, step right to right side, cross left over right,
5 6 7 8 Step right to right side, cross left behind right, step right to right side, scrape heel left next to R

[25 to 32] -L POINT BACK & HOLD - HALF TURN PIVOT L & HEEL IN PLACE - R SWEEP BACK & FWD & CROSS OVER L - BACK STEP LF - R STEP SIDE R

12 Point left behind R, HOLD
34 Pivot left heel to left (12H) (3), place heel on left (4)
56 Unwind the tip from right to left (5), cross right over left (6)
78 Reverse LF, step right to right side

RESTART HERE after the 32 times of the 3rd wall, resume the dance of the beginning! Facing 12H

[33 to 40] - L TOE STRUT SIDE L - R TOE STRUT CROSS - CHASSE L - R BACK ROCK

1 2 3 4 Left toe to left, step left heel forward, cross R over left, step R heel forward
***ENDING: 123456 (counting the 4 times of the session above) (you are facing 6H) add the following two accounts:**

***5 6 - STEP SIDE L, HALF PIVOT R & TOUCH POINT FORWARD**

***5 6 Step left to left side, pivot 1/2 turn to right side (12H) with right foot forward.**

5 & 6 Step left to left, step right next to left, step left to left side
7 8 Step right back (with Weight) and return on L

[41-48] -TOE STRUT SIDE - TOE STRUT CROSS - PIVOT ¼ TURN R & TRIPLE STEP FWD - L STEP FWD & ¼ TURN R

1 2 3 4 Step right to right side, step left heel forward, cross left over right, step left heel forward
5 & 6 Turn 1/4 turn to R (3H), step forward, step back on right, step R forward
7 8 Step L forward and pivot 1/4 turn to R (6H)

[49 to 56] -CROSS & POINT (TWICE) - TRIPLE STEP FWD WITH ROCK STEP FWD

1 2 3 4 Cross left over right, point right to side right, cross right over left, point left to left side
5 & 6 Step forward on left, step right behind left, step forward on left
7 8 Step right fwd (with Weight) and return on left

[57 to 64] -L HALF TURN & TRIPLE STEP FWD - L ROCK STEP - L COASTER STEP - STEP TURN ½ WITH R 1 & 2 Pivot 1/2 turn at G (12H), step forward, step back on left, step forward

34 Step forward on left (with weight) and return on right
5 & 6 Step back on left, step right next to left, step forward L
78 Step right foot forward and pivot 1/2 turn to left (6H)

TAG end of the 2nd wall on 16 times at 12H00!

Description of TAG:

[1 to 8] - KICK X2 - TRIPLE STEP IN PLACE (TWICE)

12 Front kick R 2 times
3 & 4 Tap on the spot right, left, right.
56 Front kick L 2 times
7 & 8 Tap in place LF, RF, LF

[9 to 16] - STEP DIAGONALY & TOUCH FWD & BWD (X3) - L STEP FWD, TOGETHER RF

12 Step R forward diagonally on R, touch left behind right
34 Step back on left diagonally back left, touch right toe over L
56 Step back on right diagonally backwards, touch left over left
78 Step forward on left, step right next to left

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