Shape Of You

拍數: 32

級數: Beginner

編舞者: Chris Ng (MY) - March 2017

音樂: Shape of You - Ed Sheeran

Intro: 16 counts

SIDE MAMBO, SIDE MAMBO, FWD MAMBO, BACK BODY ROLL

- Rock L side, recover R, close L next to R 1&2
- 3&4 Rock R side, recover L, close R next to L
- 5&6 Rock L fwd, recover R, step back L
- 7,8 Step R back with back body roll (12:00)

SIDE, TOGETHER, ¼ TURN L FWD, FWD MAMBO, BACK MAMBO, TOUCH SIDE, TOUCH FWD

- 1&2 Step L to L side, close R next L, 1/4 turn L fwd
- 3&4 Rock R fwd, recover L, step back R
- 5&6 Rock L back, recover R, step fwd L
- 7,8 Touch R to R side, touch R fwd (9:00)

OUT, OUT, IN, IN, FWD, ¼ L, CLOSE, POP KNEES OUT, POP KNEES IN

- 1,2,3,4 Step R out R diagonally, step L out L diagonally, step back R, step L next to R
- 5, 6, 7 Step R fwd, ¹/₄ turn L, close R next to L (arms touch across infront body)
- 8 & Pop knees out (pull both elbows slidely out, look to L), pop knees in (push both elbows in, look to center) (Weight's on L) (6:00)

CROSS SAMBA, CROSS SAMBA, JAZZBOX, TOUCH

- 1&2 Cross R over L, step L to L side, step R to R side
- 3&4 Cross L over R, step R to R side, step L to L side
- Cross R over L, step back L, step R to R side, touch L next to R (6:00) 5,6,7,8

No Tag, No Restart

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牆數:2