

Stepping Over Rainbows

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Lynn Sawyer (UK) - February 2017
音樂: Can't Stand the Rain (feat. Roo Savill) - Adam Skinner & Dan Skinner & Dave James



#16 count intro, start on the word "last"

[1-8] STEP, LOCK, LOCK STEP, STEP FORWARD LEFT PIVOT ½ TURN RIGHT, KICK RIGHT FOOT, RIGHT BACK COASTER STEP

- 1,2 Step forward onto right foot, & lock left behind
- 3&4 Step forward onto right foot, lock left behind, step forward onto right
- 5,6 Step forward onto left foot, pivot ½ turn right kicking right foot forwards
- 7&8 Step back onto right foot, step left beside right, step forward right

[9-16] STEP LEFT TO LEFT, PIVOT ½ TURN RIGHT & TAP RIGHT FOOT BESIDE LEFT, RIGHT FORWARD LOCK STEP X2

- 9,10 Step left foot to left side, pivot ½ turn right & tap right toe beside left
- 11&12 Step forward onto right foot, lock left foot behind right, step forward onto right
- 13,14 Repeat steps 9, 10
- 15&16 Repeat steps 11&12

[17-24] FORWARD LEFT ROCK, SHUFFLE ¼ TURN LEFT, PIVOT ½ TURN LEFT, RIGHT CHASSE WITH ¼ TURN LEFT

- 17,18 Rock forward onto left foot, replace weight on right
- 19&20 Step onto left foot making ¼ turn left, step right beside left, step onto left foot making ¼ turn left
- 21,22 Step forward onto right foot, pivot ½ turn left replacing weight onto left foot
- 23&24 Making ¼ turn left step right to right side, step left beside right, step right to right side

[25-32] KICK & POINT X 2, ¼ MONTEREY TURN RIGHT

- 25&26 Kick left foot forward, replace beside right & point right toe to right side
- 27&28 Kick right foot forward, replace beside left & point left toe to left side
- &29,30,31,32 Place left foot beside right & shift weight onto left (on &), point right toe to right side, pivot ¼ turn right placing right foot beside left, point left toe to left side, step left beside right.

REPEAT

Contact: lynnaurore54@gmail.com

Last Update - 27th Feb 2017