After Hours Cowboy



拍數: 32 牆數: 2 級數: Ultra Beginner

編舞者: Pat Newell (USA) - February 2017

音樂: Cowboy for a Night - Australia's Tornadoes



(Senior Dancing Series)

Learning: Grapevines, pivots, jazz box, step touch, out, out, in, in (chevy step)

(8 counts to begin dance)

GRAPEVINE RIGHT WITH TCH, GRAPEVINE LEFT WITH TCH

1-4 Step R to R, L behind R, step R to R, touch L beside R
5-8 Step L to L, R behind L, step L to L, touch R beside L

ROCK RECOVER WALK BACK, BACK, ROCK REC WALK FORWARD, FORWARD

1-4 Rock fwd on R, rec back on L, walk back R, L5-8 Rock back on R, rec fwd on L, walk fwd R L

TWO 1/4 PIVOTS LEFT, JAZZ BOX

Step fwd on R, ¼ turn L, weight on L, repeat (now facing 6:00)
Step R over L, step back on L, step to R on R, step slight fwd on L

TWO STEP TOUCH, STEP OUT, OUT, IN, IN

1-4 Step R, touch L beside R, step L, touch R beside L

5-8 Step R diagonally fwd to R, step L to L, step R back in place, step L in place

Dance for the health of it.