

A Beautiful Afternoon (黃昏放牛) (zh)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Amy Yang (TW) - 2017年03月
音樂: Pasture Cattle at Dusk (黃昏放牛) - Jeffrey Chen (陳汝佳)



Intro : 48 counts.

for Mandarin version and 60 counts for Cantonese version

Sec . 1: BASIC FORWARD WALTZ WITH 1/2 TURN L, BASIC WALTZ BACK

1-2-3 Step LF forward, Make 1/2 turn L stepping back on RF, Step LF back (06:00)
4-5-6 Step RF back, Step LF beside RF, Step RF in place
1-2-3 左足前踏,左轉 1/2右足後踏,左足後踏(06:00)
4-5-6 右足後踏,左足併於右足旁,右足交換步

Sec . 2: CROSS, POINT, HOLD(L&R)

1-2-3 Cross LF over RF, Point RF to R, Hold
4-5-6 Cross RF over LF, Point LF to L, Hold
1-2-3 左足交叉右足前,右足右側點,停拍
4-5-6 右足交叉左足前,左足左側點,停拍

Sec . 3: CROSS, MAKE 1/4 TURN L, SIDE, CROSS, MAKE 1/2 TURN R, SIDE

1-2-3 Cross LF over RF, Make 1/4 turn L stepping back on RF, Step LF to L(03:00)
4-5-6 Cross RF over LF, 1/4 turn R stepping back on LF, 1/4 turn R stepping RF to R(09:00)
1-2-3 左足交叉右足前,左轉 1/4右足後踏,左足左踏(03:00)
4-5-6 右足交叉左足前,右轉 1/4左足後踏,右轉 1/4 右足右踏(09:00)

Sec . 4: 1/8 TURN R FORWARD, DRAG, KICK, WALK BACK(R&L), MAKE 1/2 TURN R

1-2-3 1/8 turn R step LF forward, Drag RF towards LF, Kick RF forward(10:30)
4-5-6 Walk backward R, L, Make 1/2 turn R stepping RF forward(04:30)
1-2-3 左足交叉右足前,右足右踏,左足交叉右足後(10:30)
4-5-6 後退走步右足、左足,右轉 1/2 右足前踏(04:30)

Sec . 5: WEAVE, SIDE, DRAG, TOUCH

1-2-3 Cross LF over RF, Step RF to R, Cross LF behind RF
4-5-6 1/8 turn L big step RF to R, Drag LF towards RF, Touch LF beside RF(weight remains on RF)(03:00)
1-2-3 左足交叉右足前,右足右踏,左足交叉右足後
4-5-6 右轉 1/8右足右踏大步,左足向右足拖,左足點收於右足旁(重心保持在右足) (03:00)

Sec. 6: 1/4 TURN L FORWARD SHUFFLE, 1/2 TURN L BACKWARD SHUFFLE

1-2-3 1/4 turn L stepping LF forward, Lock RF behind LF, Step LF forward(12:00)
4-5-6 1/2 turn L step RF back, Lock LF before RF, Step RF back(06:00)
1-2-3 左轉 1/4左足前踏,右足鎖於左足後,左足前踏(12:00)
4-5-6 左轉 1/2 右足後踏,左足鎖於右足前,右足後踏(06:00)

Sec . 7: BACKWARD SHUFFLE, COASTER

1-2-3 Step LF back, Cross RF over LF, Step LF back
4-5-6 Step RF back, Step LF beside RF, Step RF forward
1-2-3 左足後踏,右足交叉左足前,左足後踏
4-5-6 右足後踏,左足併於右足旁,右足前踏

Sec . 8: TWINKLE STEP, TWINKLE 1/4 TURN R

1-2-3 Cross LF over RF, Step RF to R, Step LF in place

4-5-6 Cross RF over LF, 1/4 turn R step LF beside RF, Step RF in place(09:00)
1-2-3 左足交叉右足前,右足右踏,左足交換步
4-5-6 右足交叉左足前,左足左踏,右足交換步(09:00)

Start again

Ending : During wall 10, after the first 12 counts, Then Cross LF over RF, 3/4 turn R to face the front(facing 12:00)

結束:在第十面牆,跳到12拍,然後左足交叉右足前,右轉 3/4 面向前(面向12: 00)

Have Fun & Happy Dancing!

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