

Break The Rules

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數:
編舞者: Loudes Augé Garcia - February 2017
音樂: Work from Home - Fifth Harmony



INTRO: 16 Restart a la 4 paret después de los 16 counts

[1 – 8] Paso D – I, Anchor Step , P.I a la I ½ P D delante ½ Vuelta, Sailor Step con ½ a la I..

1-2 Step forward on right, step forward on left
3&4 Rock back on right, Rock forward on left, Rock back on right.
5-6 Step back on left ½ turn left, Step forward on right ½ turn left
7&8 Cross left behind right, ½ turn left and open right foot to the right and open left foot to the left

[9 – 16] Step Point 2 x, Kick ball cross P.D, P.D a la derecha Hold.

1-2 Step right on right, Left toe left.
2-3 Step left on left, Right toe right.
5&6 Kick right forward, Ball right beside left, Cross left over right.
7-8 Step right on right making sway to the right, sway to the left.

[17-24] P.D Shuffle Forward, Rock P.I Delante , Shuffle Back P.I, Punta D. atrás con ½.

1&2 Step right forward, step left behind right, step right forward
3-4 Rock forward on left, Recover on to right
5&6 Step left back, step right together, step left forward
7-8 Right Toe back, ½ turn right

[25 -32] Slide con ¼ P.I a la Izquierda, Slide con ¼ a la derecha, P. I delante P.D al lado , Rock P.D detrás.

1-2 ¼ Turn right Step Left on left, Slide right till the left foot
3-4 ¼ Turn right Step right on right, Slide left till the right foot
5-6 Step forward on left, Step right beside left
7-8 Rock back right, Recover on to left

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