

# Ain't No Housewife

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Phrased Low Intermediate  
編舞者: Trine Haukø Lund (NOR) - February 2017  
音樂: Ain't No Housewife by Stephanie Quayle



Approx 3 seconds intro

Sequence of dance: A28-A18-A32-A32-A18-A32-B16-B16-A16-B16-A32-A(last 8)-A(last 8)

**Part A: 32 counts**

**Section A1: Heel grind 1/4 turn R X 2, weave R, side, rock behind, cross**

1&2&      Step RH forward, turn 1/4 R(3.00), recover on LF, rock RF backwards, recover on LF  
3&4&      Step RH forward, turn 1/4 R(6.00), recover on LF, rock RF backwards, recover on LF  
5&6&      Step RF to R, cross LF behind RF, step RF to R, cross LF over RF  
7-8&      Step RF to R, cross rock LF behind RF, cross RF over LF

**Section A2: Rhumba box L, toe, heel backwards L-R, coaster step**

1&2      Step LF to L, step RF next to LF, step LF forward  
3&4      Step RF to R, step LF next to RF, step RF backwards  
5&6&      Touch LT backwards, step down on LH (snap fingers), touch RT backwards, step down on RH (snap □fingers)  
7&8      Step LF backwards, step RF next to LF, step LF forward

**Restart here in wall 9**

**Section A3: Walk R-L fwd, scissor step 1/4 turn L, weave L, side, rock behind, cross**

1&2&      Walk RH forward, step down on RF (snap fingers), walk LH forward, step down on LF (snap fingers)

**Restart here in wall 2 and 5**

3&4      Step RF forward, turn 1/4 L(3.00), step LF next to RF, cross RF over LF  
5&6&      Step LF to L, cross RF behind LF, step LF to L, cross RF over LF  
7-8&      Step LF to L, cross rock RF behind LF, cross LF over RF

**Section A4: Touch, flick R X 2, coaster step R, walk L fwd, 1/4 turn R, walk R fwd, turn 1/4 R, run L-R-L fwd**

1&2&      Touch RT to R, flick RF behind LF, touch RT to R, flick RF behind LF  
3&4      Step RF backwards, step LF next to RF, step RF forward

**Restart here in wall 1**

5-6      Walk LF forward, turn 1/4 R(6.00), walk RF forward  
7&8      Turn 1/4 R(9.00), run L-R-L

**Part B: 16 counts. First time part B you are facing 6 o' clock**

**Section B1: Basic NC R, 1/2 turn R, step R, cross L, basic NC R, step L, rock R, recover**

1-2&      Step RF to R, close LF behind RF, cross RF over LF  
3-4&      Turn 1/4 R(9.00), step LF backwards, turn 1/4 R(12.00), step RF to R, cross LF over RF  
5-6&      Step RF to R, close LF behind RF, cross RF over LF  
7-8&      Step LF to L, rock RF behind LF, recover on LF

**Section B2: Walk R-L fwd, step R fwd, 3/4 turn L, step R, behind, side, cross, rock R, recover L, touch R**

1-2      Walk RF forward, walk LF forward  
3&4      Step RF forward, turn 1/2 L(6.00), recover on LF, turn 1/4 L(3.00), step RF to R  
5&6      Cross LF behind RF, step RF to R, cross LF over RF  
7&8      Rock RF diagonal forward, recover on LF, touch RF next to LF

**Restarts:-**

**Wall 1: After 28 counts facing 3 o'clock. NOTE to Restart 1: Coaster step: Touch RF next to LF**

Wall 2: After 18 counts facing 9 o'clock

Wall 5: After 18 counts facing 9 o'clock

Wall 9: After 16 counts facing 6 o'clock

Ending: Do the last 8 counts of the dance twice.

First time is facing 12 o'clock and you will finish the dance facing 12.

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