

How Would You Feel

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Gemma Ridyard (UK) & Lyn Ridyard (UK) - February 2017
音樂: How Would You Feel (Paeon) - Ed Sheeran



NO TAGS OR RESTARTS

S1: Basic Nightclub R, ¼ Right, 1 ½ Triple Full Turn Back, Step Turn Step, R Mambo Step

1,2& Take a big step to R side, Rock the LF Behind R, Replace weight forward to RF
3,4,& ¼ turn R step back on LF, turn ½ R step RF forward, turn ½ R step LF back
5,6&7 turn ½ R step RF forward, Step LF forward pivot ½ turn right, step LF forward
8&1 Rock weight forward onto RF, step RF back

S2: Cross Back Side, Cross Back Side, L Back Rock ½, ¼ Chasse R

2&3 Cross LF over right, step RF back, step LF to side
4&5 Cross RF over Left, step LF back, step RF to side
6&7 Rock LF Back, Replace weight to RF, Turn ½ turn right step back on LF
8&1 turn ¼ right step RF to right side, close Lf next to RF, step RF big side step to the right
(optional styling as you step to the R on count 1 reach right arm up)

S3: X2 L Hitches, Rock To Left, Chasse R, Sailor ½ Left, Run Around Full Turn R

2&3 hitch L knee contract stomach, hitch L knee contract stomach, rock LF to left side
4&5 step RF to right side, close LF next to RF step RF to right side
6&7 cross LF behind right beginning to make ½ turn L, close RF next to L completing ½ turn,
Cross LF over RF
8&1 Turn full turn over R shoulder run around turn (R,L,R) RF finishes crossed over LF
(optional styling on counts 2& right arm down to L knee)

S4: L Mambo Touch Back, Body Roll, Ball ¼ Step, Rolling Vine R, Arms R L Pull In Hitch L Knee

2&3 Rock LF forward, replace weight to RF, Touch L toe back
4&5 start to body roll (top to bottom) (4) close RF to L (&) turn ¼ turn L step LF to L side
6&7 turn ¼ turn R step RF forward, turn ½ turn R step RF back, turn ¼ turn R step RF to side
(feet finish hip width apart)
8&1 reach R hand forward palm facing forward fingers spread (8), reach L hand forward palm
facing forward fingers spread (&), bring both hands into waist fists clenched as you hitch L
knee (1)

S5: Side Rock Cross, Side Behind 1/4, Step Half Press, Run Back (R,L,R)

2&3 Rock Lf to L side, replace weight to RF, cross LF over R
4&5 Step RF to R side, step LF behind R, turn ¼ turn R step RF forward
6&7 Step LF forward pivot ½ turn R, press ball of LF forward
8&1 Step RF back, step LF back, touch R toe back
(optional styling on every front wall as you do the press on 7 the lyrics say 'kiss' bring R hand up to mouth
slowly curl fingers from pinky to thumb hand finishes in a fist)

S6: Unwind ½ Turn R, Back Sweep, Behind Side Cross, Spiral Full Turn, RF Side Rock Back Rock

2-3 keeping weight back on LF unwind ½ turn R, step back on RF sweep LF from front to back
4&5 step LF behind RF, step RF to R side, cross LF over RF
6 Keeping weight on LF unwind full turn R
7&8& Rock RF to R side, replace weight to LF, Rock RF back, replace weight to LF