You Don't Knock



拍數: 32 牆數: 4 級數: Low Beginner

編舞者: Roger Neff (USA) - February 2017

音樂: You Don't Knock - Dolly Parton, Linda Ronstadt & Emmylou Harris



Intro: 16 counts

[1-8] □Reverse Rumba Box Moving to R and Back, To L and Forward

1-2-3-4 Step R, Step L beside R, Step on R, Hold 5-6-7-8 Step L, Step R beside L, Step fwd on L, Hold

[9-16] □ K-Step

1-2-3-4 Step diagonally R fwd, Touch L beside R, Step home on L, Touch R beside L Step diagonally R back, Touch L beside R, Step home on L, Touch R beside L

[17-24]□R and L Lock Steps

1-2-3-4 Step fwd on R, Lock L behind R, Step fwd on R, Hold Step fwd on L, Lock R behind L, Step fwd on L, Hold

[25-32] ☐ Step Forward on R, Turn ¼ to L and Step on L, Step R beside L and Swivel Heels R,C,L,C

1-2-3-4 Step fwd on R, Slow turn ¼ to L and step on L (3), Step on R beside L (4)

5-6-7-8 Swivel both heels to R, To center, To L, To Center

TAG: At the end of walls 2, 6, and 12 do the first 8 counts (the reverse rumba box), then walk in half-circle to L for 8 more counts. At the end of the dance, which is wall 14, you will do the tag one more time, but this time just walk forward. You will be facing 12:00.

After listening to the music several times, you will become aware of when the tag occurs without having to count walls. You will hear an extra loud KNOCK sound as you're doing the reverse box, which is your cue.

Contact Roger at: lingofun@sbcglobal.net