

My Buttercup

拍數: 32 牆數: 2 級數: Improver
編舞者: Annette Lapp (DK) & Senior Class Kærbo (DK) - February 2017
音樂: Build Me Up Buttercup - The Foundations : (Album: Total Hits, vol 2 - iTunes)



A team from Kærbo Line dance have made this dance.
Thanks to Birthe, Dorthe, Lisbeth and Marianne.
It has been a pleasure to work together with you.

Intro: 36 count

Figure 8 with 1/4 Turn Left

1 - 2 Step right to right side, step left behind right
3 - 4 Turn ¼ right stepping right forward, step left forward
5 - 6 ½ turn right weight on right, ¼ right stepping left to left
7 - 8 Step right behind left, ¼ turn left stepping left forward

Forward Shuffle, Rock Recover, Triple Half Turn, Rock, Recover

1 & 2 Step right forward, step left beside right, step right forward
3 - 4 Rock left forward, recover onto right
5 & 6 Turn ¼ to left stepping left to left, step right beside left, ¼ turn left stepping left forward
7 - 8 Rock forward right, recover onto left

Side, Cross, Side, Left Heel Dig, Coaster Step, Step Turn

1 - 2 Step right to right, cross left over right,
3 - 4 step right to right, left heel dig diagonally left
5 & 6 Step left back, right beside left, step left forward
7 - 8 Step right forward, ½ turn left weight on left

Walk, Walk, ¼ Turn Left, Cross Shuffle, Side, Touch

1 - 2 Walk right forward, walk left forward
3 - 4 Step right forward, ¼ turn left weight on left
5 & 6 Cross right over left, step left to left, cross right over left
7 - 8 Step left to left, touch right beside left

Tag: 8 count after wall 4 and 8 (12.00)

1 - 2 Step right to right, touch left beside right
3 - 4 Step left to left, touch right beside left
5 - 6 Step right to right swaying right hip to right, sway left hip left
7 - 8 Sway right hip to right, sway left hip to left

Ending: After Heel Dig in section 3 (3 - 4), turn ¼ to left and pose.

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