Absolute Beginner Rumba

級數: Absolute Beginner

編舞者: Shanthie De Mel (AUS) - January 2016

音樂: I Just Want to Dance With You - George Strait

Start on Lyrics. No Tags or Restarts. Right Rotation. Rumba rhythm throughout - Quick-Quick-Slow. Optional - Hip movement.

(1-8) ROCK FORWARD, RECOVER, BACK, HOLD, ROCK BACK, RECOVER, FORWARD, HOLD,

- 1, 2, 3, 4 Rock R forward. Recover L. Step R back. Hold.
- 5, 6, 7, 8 Rock L back. Recover R. Step L forward. Hold. (12:00)

(9-16) ROCK ACROSS. RECOVER. SIDE. HOLD. X2

- 1, 2, 3, 4 Rock R across L. Recover L. Step R to right. Hold.
- 5, 6, 7, 8 Rock L across R. Recover R. Step L to left. Hold. (12:00)

(17-24) FORWARD. LOCK. FORWARD. HOLD.X2

- 1, 2, 3, 4 Step R diagonally forward. Lock L behind R. Step R diagonally forward. Hold.
- 5, 6, 7, 8 Step L diagonally forward. Lock R behind R. Step L diagonally forward. Hold. (12:00)

(25-32) SIDE. TOGETHER. BACK. HOLD. SIDE. TOGETHER. 1/4 TURN RIGHT. HOLD.

- 1, 2, 3, 4 Step R to right. Step L together. Step R back. Hold.
- 5, 6, 7, 8 Step L to left. Step R together. Turning 1/4 right (3:00) step L to side. Hold. (3:00)

Begin Rotation again.

Last Update: 12 Jan 2025





拍數: 32

牆數: 4