

Pedal To The Metal

拍數: 64 牆數: 2 級數:
編舞者: Darren Mitchell (AUS) - February 2017
音樂: Roads We've Never Taken - High Valley : (Album: Dear Life)



(Intro: 16 counts)

OUT, OUT-BACK, COASTER CROSS, SIDE SHUFFLE, BACK, ROCK

1,2 Step R forward at 45 degrees right, step L forward at 45 degrees left,
& Step R back,
3&4 Coaster Cross: step L back, step R together, step L across in front of right,
5&6 Side shuffle right: R-L-R,
7,8 Step L behind right, rock forward onto right. (12:00)

¼ TURN, ½ TURN, ¼ SIDE SHUFFLE, ¼ SIDE SHUFFLE, COASTER STEP

1,2 Turn 90 degrees left step L forward, turn 180 degrees left step R back, (3:00)
3&4 Turn 90 degrees left side shuffle: L-R-L, (12:00)
5&6 Turn 90 degrees left side shuffle: R-L-R, (9:00)
7&8 Coaster Step: step L back, step R together, step L forward. (9:00)

DOROTHY STEP, DOROTHY STEP, PADDLE TURN, SHUFFLE ACROSS

1,2& Dorothy: step R forward, lock left behind right, step R together,
3,4& Dorothy: step L forward, lock right behind left, step L together,
5,6 Paddle turn: step R forward, turn 90 degrees left take weight onto left,
7&8 Shuffle R across in front of left: R-L-R. (6:00)

¼ TURN, ¼ TURN, SHUFFLE ACROSS, SIDE SHUFFLE, ½ TURN SAILOR STEP

1,2 Turn 90 degrees right, step L back, turn 90 degrees right step R to the side, (12:00)
3&4 Shuffle L across in front of right: L-R-L,
5&6 Side shuffle right: R-L-R,
7&8 *□Turning 180 degrees left sailor step: L-R-L. (6:00)

KICK-BALL, CROSS, SIDE SHUFFLE, BEHIND-SIDE-ACROSS, SIDE ROCK

1&2 Kick R forward at 45 degrees right, step R together, step L across in front of right,
3&4 Side shuffle to the right: R-L-R,
5&6 Step L behind right, step R to the side, step L across in front of right,
7,8 Step R to the side, side rock onto left. (6:00)

BEHIND-SIDE-ACROSS & ACROSS & ACROSS, BACK-HEEL-TOGETHER-CROSS, BACK-HEEL-TOGETHER-TOUCH

1&2 Step R behind left, step L to the side, step R across in front of left,
&3 Step L to the side, step R across in front of left,
&4 Step L to the side, step R across in front of left,
&5&6 Step L back at 45 degrees left, touch R heel forward, step R together, step L across in front of right,
&7&8 Step R back at 45 degrees right, touch L heel forward, step L together, touch R together. (6:00)

& FORWARD, BACK, ½ TURN SHUFFLE, ½ TURN SHUFFLE, COASTER STEP

& **1,2□Step R back, step L forward, rock back onto right,
3&4 Turning 180 degrees left shuffle forward: L-R-L,
5&6 Turning 180 degrees left shuffle back: R-L-R,
7&8 Coaster Step: step L back, step R together, step L forward. (6:00)

TOGETHER-FORWARD, SCUFF-FORWARD-TOE-BACK-HEEL, TOGETHER, FORWARD, BACK, COASTER STEP

&1,2 Step R together, step L forward, scuff R forward,
&3&4 Step R forward, touch L toe together, step L back, touch R heel forward,
&5,6 Step R together, step L forward, rock back onto right,
7&8 **☐ Coaster Step: step L back, step R together, step L forward. (6:00)

[64]☐REPEAT

TAG: On wall 2, dance the first 32 counts (*) then add the following 6 count Tag, then continue the dance from

Counts 49 – 64 (), so you will be doing the last 16 counts of the dance, then start the dance again.**

1&2 Kick R forward, step R together, touch L toe to the side,
3&4 Coaster Step: step L back, step R together, step L forward,
&5,6 Step R together, step L a big step forward, drag to touch R together.

On wall 4, dance the first 32 counts (*) add the tag and then restart the dance from the beginning.

At the end of wall 5 (facing the back) add the 6 count tag and then restart from the beginning.

To finish the dance at the front wall, you will be starting your last wall at the front, simply do the first 2 counts of the dance.

Sequence:

Wall 1: 64

Wall 2: 32 + 6 count tag, repeating the last 16 counts (49-64)

Wall 3: 64

Wall 4: 32 + 6 count tag, restart from the beginning

Wall 5: 64 + 6 count tag, restart from the beginning

Wall 6: 64

Finish

I know it looks a little daunting on paper, but it's not really that bad, the music really does tell you.

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Last Update - 9th March 2017
