

Little Belle Of Liverpool

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: June Hulcombe (AUS) - February 2017
音樂: The Belle Of Liverpool - Derek Ryan : (Album: Mother's Son - iTunes)



ORIGINAL POSITION: Feet together weight on the left foot

Dance is done in FOUR directions. Introduction : 16 Beats

TOUCH FRONT, SIDE, SAILOR STEP, FRONT, SIDE, SAILOR STEP.

1, 2 Touch R toe forward, touch R toe to right side,
3 & 4 Step R behind left, step L to left side, step R centre, [sailor step]
5, 6 Touch L toe forward, touch L toe to left side,
7 & 8 Step L behind right, step R to right side, step L centre. [sailor step]

STEP, LOCK, STEP, ROCKING CHAIR, STEP, LOCK, STEP, STEP, PADDLE 1/4

1 & 2 Step R forward, step L behind right, step R forward,
3 & 4 & Rock/step L forward, recover back on to R, Rock/step L back, recover forward onto R,
5 & 6 Step L forward, step R behind left, step L forward,
7, 8 Step R forward, turn 90° left taking wt. on to L. [9 o'clock]

ROCK OVER, RECOVER, SIDE SHUFFLE, ROCK OVER, RECOVER, SIDE SHUFFLE

1, 2 Rock/step R over left, recover back on to L,
3 & 4 Step R to right side, step L next to right, step R to right side,
5, 6 Rock/step L over right, recover back on to R,
7 & 8 Step L to left side, step R next to left, step L to left side.

HEEL, TOG, HEEL, TOG, SIDE, TOG, SIDE, TOG, HEEL, TOG, HEEL, TOG, WALK, WALK

1 & 2 & Touch R heel forward, step R next to left, touch L heel forward, step L next to right,
3 & 4 & Touch R toe to right side, step R next to left, touch L toe to left side, step L next to right,
5 & 6 & Touch R heel forward, step R next to left, touch L heel forward, step L next to right,
7, 8 Step R forward, step L forward. [9 o'clock]

[32] □ REPEAT THE DANCE IN NEW DIRECTION

RESTARTS:-

On wall 3 dance first 16 counts & RESTART facing 3 o'clock

On wall 6 dance first 16 counts & RESTART facing 6 o'clock

ENDING: After first 8 counts [facing 3 o'clock] paddle ¼ left and stomp to face front.

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