

Swag

拍數: 32 牆數: 4 級數: Improver - Funky
編舞者: Trine Haukø Lund (NOR) - February 2017
音樂: Country Boy Swag - Cypress Spring



#16 counts intro

Section 1: Rock RF diagonal fwd, recover on LF, apple jack R-L, 1/4 R with slide fwd, step R, together L, step R, touch L □

1-2 Rock RF diagonal to R, at the same time lift both arms (with attitude), step RF next to LF
3&4& Lift LH and RT, step both feet in center, lift LT and RH, step both feet in center
5-6 Turn 1/4 R(3.00), slide forward on RF, step LF next to RF
7&8& Step RF to R, knees out, step LF next to RF, knees in, step RF to R, knees out, touch LF
 next to RF, knees in

Section 2: Cross rock L, recover R, slide backwards, coaster step R, 1/4 R, point X 2, hip circle L

1&2 Cross rock LF over RF, recover on RF, step/slide LF backwards
3&4 Step RF backwards, step LF next to RF, step RF forward
5-6 Turn 1/4 R(6.00), point LF to L, turn 1/4 R(9.00), point LF to L
7-8 Put weight on LF, circling hips counter clockwise from L to R, touch RF next to LF

Section 3: Step diagonal fwd, R, hitch R, shuffle diagonal fwd R, jazz box L, cross rock R, recover, step R

1-2 Step RF diagonal forward, close LF behind RF, and hitch RK
3&4 Step RF diagonal forward, close LF behind RF, step RF forward
5&6 Cross LF over RF, step RF backwards, step LF to L
7&8 Cross rock RF over LF, recover on LF, step RF to R

Section 4: Swivel LH, swivel RH, shuffle 1/4 turn L, 3/4 turn L, walk R-L-R-L

1&2& Stand on both feet, lift LH, and swivel to R, LH back to center, lift RH, and swivel to L, RH
 back to center
3&4 Step LF to L, step RF next to LF, turn 1/4 L(6.00), step LF forward
5-8 Turn 3/4 L(9.00) and, walk R-L-R-L

No Tags Or Restarts, just have fun and get funky:-)
