Set It Off

拍數: 32

級數: Low Intermediate

編舞者: Gail A. Dawson (USA) - January 2017

牆數:4

音樂: Set It Off - Strafe

#40 count intro *** No Tags, No Restarts

Vine With Heel Jack, Vine With Heel Jack

- 1, 2 Step L to L, step R behind L
- & 3 Step L to L, touch R heel diagonally forward
- & 4 Step R next to L, cross L over R
- 5, 6 Step R to R, step L behind R
- & 7 Step R to R, touch L heel diagonally forward
- & 8 Step L next to R, cross R over L

Walk, Walk, Walk, Kick, Walk, Walk, Walk, Kick

- 1, 2 Step L forward, step R forward
- 3, 4 Step L forward, kick R forward
- 5, 6 Step R back, step L back
- 7, 8 Step R back, kick L forward

Rock, Recover, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

- & 1, 2 Step L next to R, turning ¼ counter clockwise (9:00) rock R, recover weight to L
- 3 & 4 Cross R behind L, step L to L, cross R over L
- 5, 6 Rock L to L, recover weight to R
- 7 & 8 Cross L behind R, step R to R, cross L over R

Press, Cross, Press, Cross, Press, Cross, Press, Touch

- 1, 2 Step R to R putting partial weight on ball of foot, cross R over L
- 3, 4 Step L to L putting partial weight on ball of foot, cross L behind R
- 5, 6 Step R to R putting partial weight on ball of foot, cross R behind L
- 7, 8 Step L to L putting partial weight on ball of foot, touch L beside R

*** Choreographed to a version on the CD Hip-Ol' Skool so it starts just before the vocals. Other versions add 4 hard beats in the beginning and an additional 32 counts before the vocals start, so you may want to start 8 counts after the 4 hard beats instead of waiting 72 counts to start with the vocals

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