

Save Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Geneviève Le Gars - January 2017
音樂: "Save Me" - The Parakit



Intro: 16 counts

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[1-8] SYNCOPATED FWD ROCKS LEFT & RIGHT, RIGHT ROLLING VINE, TOUCH

- 1-2& Rock right forward, recover onto left, right beside left
- 3-4& Rock left forward, recover onto right, left beside right
- 5-6 Make a ¼ turn right and step forward on right foot, make ½ turn right and step back on left foot
- 7-8 Make a ¼ turn right and step right foot to right side, touch left toe next to right foot

[9-16] LEFT CHASSE FWD, FULL TURN, ¼ TURN LEFT, SIDE STEP RIGHT, DRAG, ROCK STEP LEFT

- 1&2 Step left forward, step right beside left, step left forward
- 3-4 ½ left (pivot) and right back, ½ left (pivot) and step left forward (12h)
- 5-6 ¼ turn left (9h) and step right, drag left to right (drag)
- 7-8 Rock left back, recover onto right

Restart: on the 8th wall after 16 counts, replace the 16th count by a right foot Touch next to the Left foot And Resume at the beginning of the dance

[17-24] SPIRAL ¾ TURN RIGHT, R SIDE ROCK, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1-2 Step Left foot in front of right foot, unwind ¾ turn right (6 o'clock) (right foot to left)
- 3-4 Right foot to the right (rock), return to the Left Foot
- 5&6 Step Right behind (on the plant), Step Left to Left, Step Right to Right
- 7&8 Step Left Right (on the Plant), Right Foot Right, Step Left To Left

[25-32] RIGHT ROCK STEP FORWARD, RIGHT ANCHOR STEP BACK, SWEEP SWEEP L & R, R, SAILOR ¼ TURN R

- 1-2 Rock Right forward, recover on Left
- 3&4 Step right back, step left in front right, step right back
- 5-6 Sweep the sole of the foot Left from front to back and place Left foot behind, sweep the sole of the Right From front to back and place Right foot behind Left,
- 7 & 8 ¼ turn left (3h) and Left foot behind, Right foot to the right, Left foot to left

TAG: After the 2nd and 9th wall make the first 4 counts of the dance and go back to the beginning SYNCOPATED FWD ROCKS LEFT & RIGHT

- 1-2 & Rock right foot forward, step back on left foot, step right foot next to left
- 3-4 & Step Left forward (rock), step back on Right Foot, Gather Left Foot next to Right Foot

Ending: At the end of the last wall you will be on the 6h, make the next 4 counts

JAZZ BOX ½ TURN RIGHT

- 1-4 Cross right over left, ¼ turn to left, step back on left, ¼ turn to left, step left forward

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REPEAT & HAVE FUN