

Long Black Train

拍數: 34 牆數: 4 級數: Beginner
編舞者: Tina Argyle (UK) - February 2017
音樂: Long Black Train - Josh Turner : (Single - iTunes)



Count In : 8 counts from main beat

S1: Side Together, Side Together Forward. Side Together, Side Together Back.

1 - 2 Step right to right side, step left at side of right
3&4 Step right to right side, step left at side of right, step fwd right
5 - 6 Step left to left side, step right at side of left
7&8 Step left to left side, step right at side of left, step back left

S2: 2 x Shuffle Back (or 2 x ½ shuffle turns). Coaster Step, Shuffle Forward

1&2 Step back right, close left at side of right, step back right (or make ½ shuffle turn over R shoulder)
3&4 Step back left, close right at side of left, step back left (or make L ½ shuffle turn back) 12 o'clock
5&6 Step back right, step back left, step forward right
7&8 Step forward left, close right at side of left, step forward left

S3: R Rock, Recover ½ Shuffle Turn. L Rock, Recover ½ Shuffle Turn.

1 - 2 Rock fwd right, recover weight back onto left
3&4 Make ½ shuffle turn right to 6 o'clock stepping right left right
5 - 6 Rock fwd left, recover weight back onto right
7&8 Make ½ shuffle turn left to 12 o'clock stepping left right left

S4: Right Lock Step Fwd. Step ¼ Cross. Back, Side. Charleston Steps

1&2 Step fwd right, lock left behind right, Step fwd right
3&4 Step fwd left, make ¼ turn right onto right, cross left over right (3 o'clock)
5 - 6 Step back right, step left to left side
7 - 8 Touch right toe forward, sweep right clockwise step back right
9 -10 Touch left toe back, sweep left clockwise step forward left

Tags: -

Wall 1 END of Wall 1 repeat the Charleston Steps

Wall 3 END of Wall 3 repeat the Charleston Steps

ReStart: Wall 6 Do not dance the Charleston Steps on this wall – Restart after count 6

Last Update - 27th Feb 2017