

Sunday Finest

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Novice
編舞者: José Miguel Belloque Vane (NL) & Roy Verdonk (NL) - February 2017
音樂: Sunday Finest - Sir Rosevelt



Intro : 16 Counts

Tag : An 8 Count Tag Will Occur After Wall 8 (Facing 12.00)

Section 1: Heel Touches With Arm Movements (2X), Weave With 1/4 Turn L, Walks L/R, Syncopated Runs Forward

1-2 Rf touch heel diagonally forward right, Rf touch heel diagonally forward right
(optional : throw hands up to same side as heel touches)
3&4 Rf cross behind Lf, make 1/4 turn left stepping Lf forward (&), Rf step forward (9.00)
5-6 Lf step forward, Rf step forward
7&8& Lf small step forward, Rf small step forward(&), Lf small step forward, Rf small step forward(&)

Section 2: Rock/Recover, Shuffle With 3/4 Turn L, Out, Knee Pop, Syncopated Weave

1-2 Lf rock forward, recover onto Rf
3&4& make 1/4 turn left stepping Lf left (6.00), Rf step together (&), make 1/4 turn left stepping Lf forward (3.00), make 1/4 turn left (&)
5&6 Rf step right (12.00), pop both knees up (&), stretch both knees again (weight ends on Rf)
7&8& Lf cross behind Rf, Rf step right(&), Lf cross in front of Rf, Rf step right (&)

Section 3: Cross Behind, Touch, Cross In Front, Touch, Cross, 1/4 Turn L, Back, Side, Syncopated Touches Across L

1-2 Lf cross behind Rf, Rf touch right
3-4 Rf cross in front of Lf, Lf touch left
5-6 Lf cross in front of Rf, make 1/4 turn left stepping Rf back (9.00)
7&8& Lf step left, Rf touch toes on right diagonal (&), Rf touch toes in front of Lf, Rf touch toes in front and across Lf (&)

Section 4: Cross, Side, Weave, Rock/Recover, Triple Full Turn L

1-2 Rf cross in front of Lf (taking weight on it), Lf step left
3&4 Rf cross behind Lf, Lf step left (&), Rf cross in front of Lf
5-6 Lf rock left, recover onto Rf
7&8 make a full triple turn over left shoulder stepping L,R,L (9.00)

optional:in stead of full triple turn left you can do weave.

Tag : an 8 count Tag will occur after wall 8 facing 12.00 o'clock

Rock/Recover In Place (4X) With Arm Movements

1-2 Rf rock right, Recover onto Lf (raise your right hand, palm up)
3-4 repeat (raise your left hand, palm up)
5-6 repeat (raise both hands, palms up)
7-8 repeat