

No Woman No Cry

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Stella Kim (KOR) - February 2017
音樂: No Woman No Cry - Faada Freddy



Intro: 16 counts

SEC 1: FORWARD, FORWARD LOCK STEP, 1/4 TURN L WITH SIDE, SIDE, BACK ROCK, RECOVER, VINE STEP, TOUCH

1-2&3 RF forward, LF forward, RF cross behind LF, LF forward
4 1/4 turn L with RF side
5-6& LF side, RF back rock, LF recover
7&8& RF side, LF cross behind RF, RF side, LF touch beside RF(9:00)

SEC 2: SIDE, TOUCH, 1/4 TURN L WITH SIDE, TOUCH, SIDE, TOUCH, SIDE, BACK MAMBO

1-4 LF side, RF touch beside LF, 1/4 turn L with RF side, LF touch beside RF
5&6 LF side, RF touch beside LF, RF side
7&8 LF back rock, RF recover, LF forward(6:00)

SEC 3: FORWARD, PIVOT 1/4 TURN R, CROSS SHUFFLE, 1/4 TURN L WITH BACK, 1/2 TURN L WITH FORWARD, 1/4 TURN L WITH SIDE ROCK, RECOVER, CROSS

1-2& RF forward, LF forward, pivot 1/4 turn R(weight RF)
3&4 LF cross over RF, RF side, LF cross over RF
5-6 1/4 turn L with RF back, 1/2 turn L with LF forward
7&8 1/4 turn L with RF side rock, LF recover, RF cross over LF(9:00)

SEC 4: SIDE, TOUCH, 1/4 TURN R WITH FORWARD, 1/2 TURN R WITH BACK SHUFFLE, BACK, TOUCH, REPLACE, 1/4 TURN L WITH TOUCH

1&2 LF side, RF touch beside LF, 1/4 turn R with RF forward
3&4 1/4 turn R with LF side, RF together, 1/4 turn R with LF back
5-8 RF back, LF forward toe touch, LF replace, 1/4 turn L with RF touch beside LF(3:00)

NO TAG, NO RESTART

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