People Know You

拍數: 64

級數: Improver

編舞者: Miia Ratilainen (FIN) - February 2017

音樂: People Know You By Your First Name - Dean Brody

牆數:4



[1 – 8] WALK, WALK, SHUFFLE-STEP, ROCK-STEP, MASH POTATOES STEPS BACK

- 1 2 Walk left forward, walk right forward.
- 3 & 4 Step left forward, step right next to left, step left forward.
- 5 6 Rock right forward, recover onto left.
- 7 & 8 Step back on right and turn both heels inwards, turn both heels outwards, step back on left and turn both heels inwards.

[9 – 16]□BACK, HOOK, FORWARD, HOOK, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH, TOUCH

- 1 2 Step back on right, hook left over right slapping left foot with right hand.
- 3 4 Step left forward, hook right behind left slapping right foot with left hand.
- 5&6& Step right to right side, touch left next to right, step left to left side, touch right next to left.
- 7 & 8 Step right to right side, touch left next to right twice.

[17 – 24] SHUFFLE-STEP FORWARD X2, ROCK-STEP, ½ TURN LEFT SHUFFLE-STEP

- 1 & 2 Step left forward, step right next to left, step left forward.
- 3 & 4 Step right forward, step left next to right, step right forward.
- 5 6 Rock left forward, recover onto right.
- 7 & 8 Make ¼ turn left stepping left to left side, step right next to left, make ¼ turn left stepping right forward. [6:00]

[25 – 32] CROSS, POINT, CROSS, POINT, SAILOR-STEP, BACK, ¾ LEFT TURN UNWIND

- 1 2 Cross right over left, point left to left side.
- 3 4 Cross left over right, point right to right side.
- 5 & 6 Step right behind left, step left to left side, step right to right side.
- 7 8 Step left behind right, unwind ³/₄ turn left keeping weight on left. [9:00]

[33 – 40]□SIDE SHUFFLE-STEP, FULL TURN UNWIND RIGHT, SIDE SHUFFLE-STEP, ROCK-STEP

- 1 & 2 Step right to right side, step left next to right, step right to right side.
- 3 4 Cross left over right, unwind full turn right (weight on right). [9:00]

Easier alternative: Rock left behind right, recover on to right.

- 5 & 6 Step left to left side, step right next to left, step left to left side.
- 7 8 Rock right behind left, recover onto left.

[41 – 48] 1/4 TURN LEFT PIVOT-STEP X2, ROCK-STEP, COASTER-STEP

- 1 2 Step right forward, pivot ¼ turn left changing weight to left. [12:00]
- 3 4 Step right forward, pivot ¼ turn left changing weight to left. [3:00]
- 5 6 Rock right forward, recover onto left.
- 7 & 8 Step back on right, step left next to right, step right forward.

[49 – 56] COASTER-STEP, HEEL-TOE STRUT X2

- 1 2 Rock left forward, recover onto right.
- 3 & 4 Step back on left, step right next to left, step left forward.
- 5 6 Step right heel forward, drop right toe taking weight.
- 7 8 Step left heel forward, drop left toe taking weight.

[57 – 64] HEEL TWIST, COASTER-STEP, SHUFFLE-STEP, ½ TURN RIGHT PIVOT-STEP



- 1 2 Twist both heels to the left, twist both heels back to centre.
- 3 & 4 Step back on left, step right next to left, step left forward.
- 5 & 6 Step right forward, step left next to right, step right forward.
- 7 8 Step left forward, pivot ½ turn right stepping right forward. [9:00]

Start Again!□

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