

Palm Springs Jump

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Michele Perron (CAN) - January 2017
音樂: Palm Springs Jump - Frankie Capp Orchestra & Keely Smith : (Album: Swing
Swing Swing - iTunes)



Introduction: 8 Counts (begin on lyrics) CW Rotation,

Christmas Selection: "Mele Kalikimaka" by Bette Midler 210 bpm - Album: Cool Yule - Downloads:
amazon.com, iTunes

****This dance is dedicated to Gloria & Russ Gunn for their many years of contribution to the dance community & their event, The Palm Springs Line Dance Festival**

Sec. I (1- 8) TOE-HEEL-TOE-HEEL (Twisting) HITCH, BACK, DIG, HOLD

1,2,3,4 RIGHT Toe Touch beside L, RIGHT Heel Dig beside L, RIGHT Toe Touch beside L, RIGHT Heel Dig beside L

(twist,twist = R knee to left on toe, R knee to right on heel)

5,6,7,8 RIGHT Knee Hitch Up, RIGHT Step back, LEFT Heel dig forward diagonal L, HOLD

Sec. II (9-16) TURN, HOLD, SIDE, HOLD, BEHIND-SIDE-ACROSS, HOLD

1,2,3,4 Turn 1/4 L with LEFT Step forward, HOLD, RIGHT Step side R, HOLD (9 o'clock)

5.6.7.8 LEFT Step crossed behind R, RIGHT Step side R, LEFT Step across front of R, HOLD

Sec. III (17-24) SIDE/ROCK, HOLD, RECOVER, HOLD, BEHIND-TURN-FORWARD, HOLD

1,2,3,4 RIGHT Rock/Step side R, HOLD, LEFT Recover/Step side L (in place), HOLD

5.6.7.8 RIGHT Step crossed behind L, Turn 1/4 L with LEFT Step forward, RIGHT Step forward, HOLD (6 o'clock)

Sec. IV (25-32) FORWARD, HOLD, TURN, HOLD, ACROSS-BACK-SIDE-HOLD

1,2,3,4 LEFT Step forward, HOLD, Turn 1/4 R with RIGHT Step side R, HOLD (9 o'clock)

5,6,7,8 LEFT Step across front of R, RIGHT Step back, LEFT Step side L, HOLD

RESTART - wall 3

Sec. V (33-40) FORWARD, HOLD, TURN, HOLD, WALK, WALK, WALK, HOLD

1,2,3,4 RIGHT Step forward, HOLD, Turn 1/2 L with LEFT Step forward (in place), HOLD (3 o'clock)

5,6,7,8 RIGHT, LEFT, RIGHT Steps forward, HOLD

Sec. VI (41-48) DIG, BACK, DIG, BACK, BACK, HOLD, BACK, HOLD

1,2,3,4 LEFT Heel Dig forward, LEFT Step back, RIGHT Heel Dig forward, RIGHT Step back

5,6,7,8 LEFT Step back, HOLD, RIGHT Step back, HOLD

Sec. VII (48-56) TOE-HEEL-TOE-HEEL (Twisting) HITCH, BACK, DIG, HOLD

1,2,3,4 LEFT Toe Touch beside R, LEFT Heel Dig beside R, LEFT Toe Touch beside R, LEFT Heel Dig beside R

(twist, twist = L knee to right on touch, L knee to left on heel)

5,6,7,8 LEFT Knee Hitch Up, LEFT Step back, RIGHT Heel dig forward diagonal R, HOLD

Sec. VIII (57-64) TURN/FORWARD-HOLD/CLAP 4X; FULL TURN R

1,2,3,4 Turn 1/4 R with RIGHT Step forward, HOLD/Clap, Turn 1/4 R with LEFT Step forward, HOLD/Clap (9 o'clock)

5,6,7,8 Turn 1/4 R with RIGHT Step forward, HOLD/Clap, Turn 1/4 R with LEFT Step forward, HOLD/Clap (3 o'clock)

Begin Again

One Restart: On the third Rotation, Restart after 32 Counts (Restart occurs during the first time you hear the instrumental section) You will be facing 3 o'clock wall on the Restart. Restart on Keely Smith track.

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