

Captain Of The Ship

COPPERKNOB
BY STEPHEN

拍數: 36 牆數: 4 級數: Easy Intermediate
編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2017
音樂: Captain of the Ship - Victoria Eman



Sequences: 36 - 36 - Tag - 32 *R* - 36 - 24 R - 36 - 36 - Tag - 32 *R* - 36 - 32 *R* - 36 - Ending.

Intro: 24 Counts

Section 1. Step R To R Side, Step Together, Chasse R, Cross Rock, Recover, Chasse with 1/4 Turn L

1-2 RF. Step to R side - LF. Step together
3&4 RF. Step to R side - LF. Step together- RF. Step to R side
5-6 LF. Cross rock over RF - LF. Recover
7&8 LF. Step to L side - RF. Step together - LF. 1/4 Turn L step fwd (9)

Section 2. Step Fwd, 1/4 Turn L, Shuffle Fwd, 1/2 Turn R, Step Bwd, Shuffle 1/2 Turn L

1-2 RF. Step fwd - 1/4 Turn L (6)
3&4 RF. Step fwd - LF. Step together - RF. Step fwd
5-6 LF. 1/2 Turn R step bwd - RF. Step bwd (bag slightly by the knees) (12)
7&8 Shuffle 1/2 Turn L stepping L,R,L (6)

Section 3. Step Fwd, 1/4 Turn L, Step Fwd, 1/4 Turn L, Jazz Box with Cross Over

1-2-3-4 RF. Step fwd - 1/4 Turn L - RF. Step fwd - 1/4 Turn L (12)
5-6-7-8 RF. Cross over LF - LF. Step bwd - RF. Step to R side - LF. Cross over RF **Restart 2**

Section 4. Point, Hold, Coaster Step with 1/4 Turn R, Step Fwd, 1/2 Turn R, Shuffle Fwd

1-2 RF. Touch toe to R side - Hold
3&4 RF. 1/4 Turn R step bwd - LF. Step beside RF - RF. Step fwd (3)
5-6 LF. Step fwd - 1/2 Turn R (9)
7&8 LF. Step fwd - RF. Step together - LF. Step fwd **Restart 1**

Section 5. Rocking Chair

1-2-3-4 RF. Rock fwd - LF. Recover - RF. Rock bwd - LF. Recover

TAG: At the end of wall 2 & 7 (6:00)

Hip Bumps R, L, R, L

1-2-3-4 RF. Step to R side push hips to R, L, R, L

RESTART 1: in wall 3, 8 & 10 after count 32

RESTART 2: in wall 5 after count 24

ENDING: End of wall 11 (6:00) (Then)

1-2 RF. Rock fwd - LF. Recover
3&4 Shuffle 1/2 Turn R , R,L,R
5 LF. Step fwd (12)

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