Rocking Chair



拍數: 32 牆數: 4 級數: Improver

編舞者: Joan Caviness (USA) - April 2016

音樂: I Don't Need Your Rockin' Chair - George Jones



Intro: 8 counts

ROCKING CHAIR / SIDE ROCK / 2 SAILORS / LEFT WEAVE & SLIDE

1&2& Right foot forward, left in place, right foot back, left in place

3& Right to right side, left in place

Right behind left, left in place, right to right side Left behind right, right in place, left to left side

&8&1 Right behind left, left to side, right over left, slide left to side

2 KICK-BALL-CHANGES WITH 1/4 RIGHT/ TRIPLE FWD / ROCKING CHAIR

2&3 Kick right forward, take weight on right underneath you, left in place

Repeat 1&2, gradually turning ½ right on 1-4 Right forward, bring left to right, right forward

8&1& Left foot forward, right in place, left foot back, right in place

LEFT LOCK / LEFT TRIPLE / RIGHT LOCK / RIGHT TRIPLE

2-3 Step left forward, lock right behind left
4&5 Left forward, bring right to left, left forward
6-7 Step right forward, lock left behind right
8&1 Right forward, bring left to right, right forward

1/2 PIVOT TO RIGHT / CROSS ROCK LEFT AND RIGHT / STOMP

2-3 Place left forward and push turn ½ to the right, take weight on right

4&5 Cross left over right, rock right to right, replace weight to left 6&7 Cross right over left, rock left to left, replace weight to right

8 Stomp and take weight on left

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