

Ruleta Rusa Cha Cha Cha

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sonja Hemmes (USA) - February 2017
音樂: Ruleta Rusa (Cha Cha Cha / 30 bpm) - Studio Orchestra and Singers : (Album: Giants of Latin: Latin Impressions, Pt. 1)



Start 32 counts in

POINT RIGHT FORWARD, SIDE, CHA CHA CHA, POINT LEFT FORWARD, SIDE, CHA CHA CHA

1-2 Point right toe forward, side
3&4 Step in place right, left, right
5-6 Point left toe forward, side
7&8 Step in place left, right, left

ROCK RIGHT FORWARD, RECOVER, COASTER BACK, ROCK LEFT FORWARD, RECOVER, TRIPLE BACK TURNING 1/2 LEFT

1-2 Step forward on right, recover on left
3&4 Step back on right, step left back next to right, step forward on right
5-6 Step left forward, recover on right
7&8 Step left turning 1/4 left, step back on right, step left forward turning 1/4 left

ROCK RIGHT FORWARD, RECOVER, CHA CHA CHA BACK (2X), ROCK RIGHT BACK, RECOVER

1-2 Rock forward on right, recover on left
3&4 Step back on right, step left back in front of right, step right back
5&6 Step back on left, step right back in front of left, step left back
7-8 Rock back on right, recover on left

TRIPLE FORWARD, CLAP HANDS, TRIPLE FORWARD, CLAP HANDS TURNING 1/8 RIGHT, TRIPLE FORWARD, CLAP HANDS TURNING 1/8 RIGHT, TRIPLE FORWARD

1&2 Step right forward, left behind right, right forward clapping hands
3&4 Step left forward, right behind left, left forward turning 1/8 right clapping hands
5&6 Step right forward, left behind right, right forward turning 1/8 right clapping hands
7&8 Step left forward, right behind left, left forward

EASY RESTART: In the 6th rotation facing the 9 o'clock wall, dance the first 16 counts which you will be then facing the 3 o'clock wall, Restart the dance

Enjoy this Cha Cha Cha dance