

Mind Your Own Business

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Nina Skyrud (NOR) - January 2017
音樂: Mind Your Own Business - Robert Brandal, Florence Foster & Friends



Alternative music: Mind Your Own Business by Hank Williams Jr., Willie Nelson, Reba McEntire, Tom Petty

Start the dance at the vocal

Can be danced to different music with the right beat and 8 by 6 counts.
Feel free to choose your own!

[1-8] Step, Touch, Step, Touch, Step, Touch, Step, Kick.

- 1-2-3-4 Step right to right side (1), Touch left beside right (2), Step left to left side (3), Touch right beside left (4).
5-6-7-8 Step forward on right (5), Touch left toe behind right (6), Step back on left (7), Kick right foot diagonally right (8).

[9-16] Coaster Step, Hold, Shuffle forward, Scuff.

- 1-2-3-4 Step back on right (1), Step left beside right (2), Step forward on right (3), Hold (4).
5-6-7-8 Step forward on left (5), Cross right behind left (6), Step forward on left (7), Scuff left forward (8).

[17-24] Swivel 1/2 turn left, Shuffle 1/2 turn left, Hold.

- 1-2-3-4 Step forward on left (1-2), Swivel 1/2 turn left (3-4).
5-6-7-8 Making a 1/4 turn left step right to right side (5), close left next to right making a 1/4 turn left (6), step back on right (7), Hold (8). 12:00

[25-32] Rock forward & back (Rocking Chair), 1/4 Turn right, Kick, Weave left, Hold

- 1-2 Step left back (1), Rock (recover) forward onto right (2).
3-4 Turn 1/4 right stepping left to the left side (3), Kick right foot diagonally to the right (4). 03:00
5-6-7-8 Cross right behind left (5), Step left to the left side (6), Cross right over left (7). Hold (8) .

[33-40] Diagonally lock steps left, Scuff, Diagonally lock steps right, Scuff

- 1-2-3-4 Step left diagonally forward (1), Lock right behind left (2), Step left diagonally forward (3), Scuff right forward (4)
5-6-7-8 Step right diagonally forward (5), Lock left behind right (6), Step right diagonally forward (7), Scuff left forward (8)

[41-48] Out-out, Right heel right, Left heel left, Apple Jack left

- 1-2 Step left foot forward and out (1), Step right foot forward and out (2).
3-4 Fan right heel to the right side (3), return heel to centre (4).
5-6 Fan left heel to the left side (5), return heel to centre (6).
7-8 Taking weight onto left heel and right toe swivel both toes to the left (7), Return to centre (8).

Start over again!

Thanks to Cato Larsen, Western Line Dancers (<http://www.western-entertainment.no>), for guidance and advice!

Contact: ninasky@online.no