

# Young Forever

COPPER KNOB  
BY STEPHEN METELNICK

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - January 2017  
音樂: Young Forever - High Valley



Start after 32 count intro on vocals

Music Available from Amazon

**[1-8] R cross step, L side rock/recover, L cross step, ¾ L reverse turn, R fwd, ¼ L pivot turn**

1-4            Cross step R over L, rock L side, recover weight on R, cross step L over R

5-8            Turning ¼ left step R back, turning ½ left step L forward, step R forward, pivot ¼ left (12 o'clock)

**[9-16] R cross point, L cross point, ¼ R jazz cross**

1-4            Cross step R over L, point L side, cross step L over R, point R side

5-8            Cross step R over L, step L back, turning ¼ right step R side, cross step L over R (3 o'clock)

**[17-24] R side, close L tog, R side rock/recover, R back rock/recover, R side, close L tog**

1-4            Step R side, step L together, rock R side, recover weight on L

5-8            Rock R back, recover weight on L, step R side, step L together

**[25-32] R side rock/recover, R back rock/recover, R fwd, ½ L pivot turn, L fwd full turn**

1-4            Rock R side, recover weight on L, rock R back, recover weight on L

5-8            Step R forward, pivot ½ left, turning ½ left step R back, turning ½ left step L forward (9 o'clock)

Optional walk forward on counts 31-32

**[33-40] R fwd rock/recover, R back lock step, ½ L & walk fwd R, cross L over R**

1-4            Rock R forward, recover weight on L, step R back, lock step L in front of R

5-8            Step R back turning ¼ left, turning ¼ left step L forward, step R forward, cross step L over R (3 o'clock)

**WALL 3 RESTART: During wall 3 which starts facing back wall, on count 40 facing left side wall 'step L fwd' & Restart**

**[41-48] R side, L rock back/recover, L side, cross R behind L, ¼ L step L fwd, walk fwd R/L**

1-4            Step R side, rock L back, recover weight on R, step L side

5-8            Cross step R behind L, turning ¼ left step L forward, step R forward, step L forward (12 o'clock)

**[49-56] R rocking chair, R fwd, ¼ L pivot turn, walk fwd R/L**

1-4            Rock R forward, recover weight on L, rock R back, recover weight on L

5-8            Step R forward, pivot ¼ left, step R forward, step L forward (9 o'clock)

**[57-64] ½ L pivot turn, R fwd lock step, L fwd lock step**

1-2            Step R forward, pivot ½ left (3 o'clock)

3-8            Step R forward, lock L behind R, step R forward, step L forward, lock R behind L, step L forward

(These steps go very slightly forward in your line of dance)

Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk) - Email: [info@thedancefactoryuk.co.uk](mailto:info@thedancefactoryuk.co.uk)

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