

Friday

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Grethe Andersen (DK) - February 2017
音樂: Friday Ain't the Same - Hallur : (Album: Cozy Cowboy - iTunes)



Intro: 32 counts

S1: TOE STRUT, TOE STRUT, ROCKING CHAIR

1-2 Step forward on right toe , drop down heel (12:00)
3-4 Step forward on left toe, drop down heel (12:00)
5-6 Rock forward on right, recover back om left (12:00)
7-8 Rock back on right, recover forward on left (12:00)

S2: STEP TURN STEP, HOLD, SIDE ROCK CROSS, HOLD

1-2 Step forward on right, ½ pivot turn left (6:00)
3-4 Step forward on right, hold (6:00)
5-6 Side rock left, recover onto right(6:00)
7-8 Step left in front of right, hold (6:00) (Restart here wall 3, 5 and 8)

S3: HINGE ¼ TURN LEFT, CROSS ROCK, ¼ TURN TOESTRUT, TOESTRUT

1-2 Make ¼ turn left stepping back on right, make ¼ left stepping left to left (12:00)
3-4 Cross rock right over left, recover onto left (12:00)
5-6 Turn ¼ right step forward on right toe, drop down right heel (3:00)
7-8 Step forward on left toe, drop down left heel (3:00)

S4: ROCKING CHAIR, MONTEREY ¼ TURN

1-2 Rock forward on right, recover back om left (3:00)
3-4 Rock back on right, recover forward on left (3:00)
5-6 Point right toe to right side, Pivot ¼ turn right on left step right next to left (6:00)
7-8 Point left to left side, Step left next to right (6:00)

There are 3 easy Restarts, all after 16 counts

No. 1 wall 3 – facing 06:00

No. 2 wall 5 – facing 06:00

No. 3 wall 8 – facing 12:00

Ending: At wall 15 the music fades out, dance to the end, you are facing 06:00.

Continue dancing the first 2 sections of wall 16. You are now facing 12:00.

Pose and smile

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