

Grasp The Youth

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Beginner
編舞者: Irene Deng (TW) - February 2017
音樂: Nian Qing Bu Yao Liu Ba (年輕不要留白) - City Girls (城市少女)



Intro : 32 Count (Approx. 13 Seconds Into Track) 2:48 iTunes 146 bpm

S1: CROSS, POINT, CROSS, POINT, BACK, KICK, LOCK STEP

1 – 4 Cross R over L, Point L toe to L side, Cross L over R, Point R toe to R side
5,6 ,7&8 Step R back, Kick L Fwd, Step L back , Cross R over L, Step L back

S2: GRAPEVINE, TOUCH, SIDE, TOUCH, SIDE , TOUCH

1 – 4 Make 1/4 turn R, Step Rf fwd, Make 1/2 turn R ,Step Lf back, Make 1/4 turn R , Step Rf to R side, Touch LF beside RF
5 – 8 Step Lf to L side, Touch Rf to beside L, Step Rf to R side, Touch Lf to beside Rf, (12:00)

S3 : 1/4 L WALK,WALK, 1/4 RIGHT STEP, KICK DIAGONAL, 1/8 R, WALK ,WALK , 1/4 L STEP, KICK DIAGONAL

1 – 4 Make 1/4 turn L walk Lf, Rf , 1/4 turn R step Lf to L side, Kick Rf to diagonal (1:30)
5 – 8 Make 1/4 turn R walk Rf, Lf, 1/4 turn L step Rf to R side, Kick Lf to diagonal (10:30)

S4 : 1/8 TURN L, SIDE , RECOVER, SWAY X3, ROCKING CHAIR

1,2,3&4 Make 1/8 turn L, Step Lf to L side, Recover onto Rf, Step Lf beside Rf , Sway hips L R L (9:00)
5 – 8 Step Rf forward, Recover onto Lf, Step back on Rf, Recover onto Lf

TAG (4 COUNTS) : ROCKING CHAIR

1 – 4 Step Rf forward, Recover onto Lf, Step back on Rf, Recover onto Lf

TAG : To be added at the end of wall 3 facing(3:00), wall 4 facing(12:00), wall 9 facing(9:00) & wall 10 facing(6:00)

Ending : End of 8 counts wall 12 ,facing 3:00 turn L & pose

Start Again And Enjoy !!!

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