

Fast Track To Hell

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Low Intermediate - Country Polka
編舞者: Flo Moresteps (FR) - February 2017
音樂: Road to Hell - Paul Randy Mingo



Intro: Dance starts on: 'Well I heard the road to hell...'

Section 1: L Behind, Side, Fwd Mambo 1/4L, Full Turn L, Shuffle fwd

1 - 2 Cross LF behind RF, Step RF to the right side
3&4 Rock L forward, Recover on RF, 1/4 turn L stepping LF to L side (9:00)
5 - 6 1/2 turn L stepping RF back, 1/2 turn L stepping LF forward (9:00)
7&8 Shuffle forward (RLR)

Section 2: Rock fwd, Recover, Coaster Step, Kick-Ball-Change, Kick-Ball-Side-Rock

1 - 2 Rock LF forward, Recover on RF
3&4 Step LF back, Step RF next to LF, Step LF forward
5&6 Kick RF, Ball of RF next to LF, Step LF next to RF
7&8& Kick RF, Ball of RF next to LF, Step LF to the L side, Recover on RF

RESTART: HERE on wall 3 (WALL 3 starts facing 6:00, restart facing 3:00)

Section 3: Behind, Hold, Ball Cross, Hold, Ball Side, Ball Cross, Ball Side, Drag (Ball)

1 - 2 Cross LF behind RF, Hold
&3 - 4 Ball of RF next to LF, Cross LF over RF, Hold
&5&6 Ball of RF next to LF, Step LF to L side, Ball of RF next to LF, Cross LF over RF
&7- 8& Ball of RF next to LF, Big Step to L side dragging RF to LF, Ball of RF next to LF

Section 4: Cross, Side, 1/4L, Touch, 1/4R, Together, Heel Ball, Cross Side

1 - 2 Cross LF over RF, Step RF to R side
3 - 4 1/4 turn L stepping LF to left side, Touch RF next to LF (6:00)
5 - 6 1/4 turn R stepping RF forward, Step LF next to RF (9:00)
7&8& R Heel Forward, Ball of RF next to LF, Cross LF over RF, Ball of RF to R side

Start again from section 1 – Breath, Look Straight Ahead, Smile!

FINAL (WALL 11, starts facing 6:00)

The music slows down from count 5, replace counts 7-8 from section 1 to face 12:00, then proceed with section 2 when the music restarts.

Section 1': Behind, Side, Fwd Mambo 1/4L, Full Turn Left, 1/4L side, Drag

1 - 6 (see Section 1)
7 - 8 1/4 turn Left stepping RF to R side, Drag LF slowly [weight on RF] (12:00)

Section 2': Rock fwd, Recover, Coaster Step, Kick Ball Change, Stomp

1 - 6 (see section 2)
7 Stomp PD

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