## The Shape of You

拍數: 32

1

2

級數: Intermediate

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音樂: Shape of You - Ed Sheeran : (iTunes)

## Count In: 16 ct Intro [1 – 8]□R MAMBO FWD, L MAMBO BACK, ½ CHASE TURN L, ¼ PADDLE TURN X3□ Rock fwd on R (1), recover weight to L (&), rock back on R taking weight (2) 12 1&2 3&4 Rock back on L (3), recover weight fwd to R (&), rock fwd on L taking weight (4) $\Box$ 12 5&6 Step fwd on R (5), $\frac{1}{2}$ turn L (&), step fwd on R (6) $\Box$ 6 7 & 8 & 1/4 turn R while touching L to L (7) 1/4 turn R (&) touch L to L (8) 1/4 turn to R (&) 3 [9 – 16]□STEP L, WEAVE L, ¼ TURN L SWEEP WITH R, CROSS, BACK X2, CROSS, ROCK BACK, ROCK FWD□ Step L to L $(1)\square 3$ 2&3 Step R behind L (2), step L to L (&), cross R over L (4) $\Box$ 3 Make <sup>1</sup>/<sub>4</sub> L stepping on L as you sweep R over L (4), cross R over L (5), step back on L (8), 4 - 5 & 6 step back on R (6) $\Box$ 12 & 7 - 8 Cross L over R (&), rock back on R (7), recover weight fwd to L (8) 12 [17 – 25] CROCK BACK, SLIDE FWD MAKING ¼ R, DRAG R MAKING ½ TURN R, TRIPLE FWD, MAMBO W/ ½ TURN L, ¾ TURN L, CROSSING SHUFFLE & 1 Rock back on R (&), slide fwd on L $*(1)\Box 12/3$ Drag R into L as you're turning 1/2 R w/ touch (2) 9 3&4 Step fwd on R (3), step together w/ L (&), step fwd on R\*(4) $\Box$ 9 5&6 Rock fwd on L (5), recover weight back onto R (&), 1/2 L stepping fwd on L (6) 7 & 8 & 1 Make <sup>1</sup>/<sub>2</sub> turn L stepping back on R (7), <sup>1</sup>/<sub>4</sub> turn L stepping L to L (&), cross R over L (8), step L to L (&), cross R over L (1) $\Box$ 6 \*Styling Ct 1: Begin making a slight turn to the R here Cts 3&4: Roll your body into the triple step. $\Box$ [26 – 32]□¼ TURN L, HITCH L, R PONY STEP, BACK ON R, ½ TURN ROLL OVER L (ARMS)□

- 2 3 Make  $\frac{1}{4}$  to L step L fwd (2), hitch L up taking weight back on R \*(3)  $\Box$  3
- 4 & 5 Step back on L, hitching R up (4), step down on R (&), step back on L as you hitch R up again (5)□3

6 - 8 Step back on R (6), point L toe back (7), slow ½ L turning on L taking weight \*Arms (8) 9 \*Styling On 1st wall, you can throw your hands up on the hitch after he sings "throw your hands up" in the lyrics.

Ct 7-8: R arm moves like a wave as you slowly unwind or turn  $\frac{1}{2}$  to L.

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