

Roads We've Never Taken

COPPERKNOB
BY SHEETS

拍數: 64 牆數: 2 級數: High Intermediate - Polka
編舞者: Magali CHABRET (FR) - February 2017
音樂: Roads We've Never Taken - High Valley : (CD: Dear Life)



#16 counts intro

S1 : STEP, TOGETHER, OUT, OUT, IN, HEEL GRIND, BACK, SIDE, CROSS, SIDE, TOUCH

- 1-2 Long step Rf forward – step Lf beside Rf
&3& Step Rf out to right side – step LF out to left side – step ball of Rf beside Lf, slightly backward
4-5&6 Step L heel in front of Rf – grind Lf heel stepping back on Rf – step Lf to left side – cross Rf over Lf
7-8 Step Lf to left side – touch Rf next to Lf

S2 : R ROLLING VINE with CHASSE R, CROSS, ¼ L, COASTER STEP

- 1-2 1/4 turn right stepping Rf forward – 1/2 turn right stepping back on Lf
3&4 1/4 turn right stepping Rf to right side – step Lf next to Rf – step Rf to right side (12:00)
5-6 Cross Lf over Rf – 1/4 turn left stepping back on Rf (9:00)
7&8 Step back on ball of Lf – step Rf next to Lf – step Lf forward

S3 : GALLOP FWD, STEP, ¼ TURN , R BOUNCES, BALL CROSS

- 1&2& Step Rf forward – step Lf behind Rf – step Rf forward – step Lf behind Rf
3&4 Step Rf forward – step Lf behind Rf – step Rf forward
5 Step Lf forward
&6&7 1/4 turn right keeping weight on Lf and bounce right heel (&6) – bounce right heel (&7) (12:00)
&8 Step ball right next to left - cross left over right

S4 : R CHASSE, ¼ L with L CHASSE, ¼ L with R CHASSE, L CHASSE

- 1&2 Step Rf to right side – step Lf beside Rf – step Rf to right side
3&4 1/4 turn left stepping Lf to left side – step Rf beside Lf – step Lf to left side
5&6 1/4 turn left stepping Rf to right side – step Lf beside Rf – step Rf to right side (6:00)
7&8 Step Lf to left side – step Rf beside Lf – step Lf to left side

S5 : BACK ROCK, KICK BALL CROSS, SIDE, SAILOR STEP/CHASSE

- 1-2 Rock back on Rf – recover onto Lf
3&4 Kick Rf diagonally right forward – step ball of Rf beside Lf – cross Lf over Rf
5 Step Rf to right side
6&7 Cross ball of Lf behind Rf – step ball of Rf to right side – step Lf to left side
&8 Step Rf beside Lf – step Lf to left side

S6 : R JAZZ BOX SQUARE, DIAGONALLY TRIPLE STEP R & L

- 1-2-3-4 Cross Rf over Lf – step back on Lf – step Rf to right side – cross Lf over Rf
5&6 Step Rf diagonally forward – step Lf beside Rf – step Rf diagonally forward
7&8 Step Lf diagonally forward – step Rf beside Lf – step Lf diagonally forward

S7 : [HEEL, HOOK, HEEL, HITCH, COASTER STEP] R & L

- 1&2& Touch right heel forward – hook right – touch right heel forward – hitch right knee
3&4 Step back on ball of Rf – step ball of Lf next to Rf – step Rf forward
5&6& Touch left heel forward – hook left heel – touch left heel forward – hitch left knee
7&8 Step back on ball of Lf – step ball of Rf next to Lf – step Lf forward

S8 : FWD ROCK, TRIPLE ½ TURN R, TRIPLE ½ TURN R, BACK KICK BALL STEP

- 1-2 Rock Rf forward – recover onto Lf
3&4 1/4 turn right stepping Rf to side – step Lf beside Rf – 1/4 turn right stepping Rf forward (12:00)
5&6 1/4 turn right stepping Lf to side – step Rf beside Lf – 1/4 turn right stepping back on Lf (6:00)
7&8 Kick Rf backward – step ball of Rf beside Lf – step Lf forward

TAG : R KICK BALL POINT, L KICK BALL POINT, BALL SIDE, DRAG

- 1&2 Kick Rf forward – step ball of Rf next to Lf – point Lf to side
3&4 Kick Lf forward – step ball of Lf next to Rf – point Rf to side
&5-6 Step Rf next to Lf – long step Lf to left side – slide Rf beside Lf (weight on Lf)

* 2nd wall : dance 32 counts (S1 to S4), add the Tag, then dance the 16 last counts of the dance (S7 and S8) (12:00)

* 4th wall : dance 32 counts (S1 to S4), add the Tag, then restart the dance from the beginning (12:00)

* At the end of 5th wall, add the Tag (6:00)

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr
Fiche originale. Merci de ne pas modifier ces pas de quelque manière que ce soit.
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