

Old School

拍數: 48 牆數: 4 級數: Intermediate WCS
編舞者: Magali CHABRET (FR) - February 2017
音樂: Old School - Tebey : (CD: Old School)



#16 counts intro

S1 : R DOROTHY STEP, DIAGONAL LOCK STEP, R MAMBO STEP, SLIDE, BALL STEP

1-2& Step Rf diagonally forward – cross Lf behind Rf – step Rf to side
3&4 Step Lf diagonally forward – lock Rf behind Lf – step Lf diagonally forward
5&6 Rock Rf forward – recover onto Lf – step back on Rf
7&8 Slide Lf beside Rf – step ball of Lf next to Rf – step Rf forward

S2 : STEP, KICK BALL POINT, ¼ LEFT, POINT, HEEL JACK, BRUSH

1 Step Lf forward
2&3 Kick Rf forward – step Rf next to Lf – point Lf to side
&4 1/4 turn left stepping Lf next to Rf – point Rf to side (9:00)
&5&6 Small step Rf back – touch L heel forward – step down on Lf – touch Rf beside Lf
&7&8 Small step Rf back – touch L heel forward – step down on Lf – brush Rf forward

S3 : STEP, TOUCH, BACK, COASTER STEP, L ROCK FWD, ½ TURN L, ¼ TURN L

1&2 Step Rf forward – touch Lf behind Rf – step back on Lf
3&4 Step back on ball of Rf – step Lf beside Rf – step Rf forward
5-6 Rock forward on LF – recover onto Rf
7-8 1/2 turn left stepping Lf forward – 1/4 turn Lef stepping Rf to side (12:00)

S4 : L SAILOR, R SAILOR ¼ TURN R, PIVOT ½ R, FWD MAMBO

1&2 Cross ball of Lf behind Rf - step Rf to side – step Lf to side
3&4 Cross ball of Rf behind Lf – 1/4 turn right stepping Lf beside Rf – step Rf forward (3:00)
5-6 Step Lf forward – pivot 1/2 turn right (9:00)
7&8 Rock forward on Lf – recover onto Rf – step Lf together

S5 : WALK, WALK, SAMBA STEP R & L, HINGE ½ TURN L

1-2 Step Rf forward – step Lf forward
3&4 Rock Rf to right side – recover onto Lf – cross Rf over Lf
5&6 Rock Lf to left side – recover onto Rf – cross Lf over Rf
7-8 1/4 turn left stepping back on Rf – 1/4 turn left stepping Lf to left side (3:00)

S6 : CROSS, SIDE, SAILOR KICK, BALL CROSS, HOLD, SYNCOPATED WEAVE R

1-2 Cross Rf over Lf – step Lf to side
3&4 Cross ball of Rf behind Lf – step Lf to side – kick Rf diagonally right forward
&5-6 Step ball of Rf beside Lf – cross Lf over Rf – hold
&7&8 Step Rf to side – cross Lf behind Rf – step Rf to side – cross Lf over Rf (3:00)

TAG: at the end of 4th wall (facing 12:00) :

1& Step Rf diagonally back (raise Left toe) – touch Lf beside Rf
2& Step Lf diagonally back (raise Right toe) – touch Rf beside Lf
3&4& Repeat counts 1&2&

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr
Fiche originale. Merci de ne pas modifier ces pas de quelque manière que ce soit.
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