

Fifty Shades Darker

拍數: 48

牆數: 2

級數: Intermediate - Smooth Rolling 8-count



編舞者: Sebastiaan Holtland (NL) - February 2017

音樂: Birthday - JP Cooper (Fifty Shades Darker Original Motion Picture Soundtrack 2017).

Introduction: Start dancing approx. 07 sec, at the word "something"

Sequence: 48, 32, Restart (6 o'clock), 40, Restart (12 o'clock), 48, 40, ending (12 o'clock).

PART II [1-8] Back Rock / Recover, Sweep R with ¼ Turn L, Cross, ¼ Turn R, Back, Back, Back, ½ Turn R, Side, Step, Fwd Rock / Recover, Sweep R, Replace, Sweep L, Weave R with ¼ Turn R.

- 1-2 Step R back, Recover back onto L and make ¼ turn L (9) sweep R from back to front.
- 3&a Step R across L, Making ¼ turn R (12) step L back, Step R back.
- 4&a Step L back, Making ½ turn R (6) step R to R, Step L forward.
- 5-6 Step R forward, Recover back onto L and sweep R from front to back.
- 7 Step R slightly back and sweep L from front to back.
- 8&a Step L behind R, Making ¼ turn R (9) and step R to R, Step L across R.

PART II [9-16] Side Rock / Recover, ½ Turn L, Knee Lift R, Side Rock / Recover, ¼ Turn L, Knee Lift R, Side, Weave R, Side, Touch.

- 1-4 Step R to R, Recover back onto L and making ½ turn L (3) lift R knee up, Step R to R, Recover back onto L and making ½ turn L (12) lift R knee up,
- 5 Step R to R.
- 6&a Step L behind R, Step R to R, Step L across R.
- 7-8 Step R to R, Touch L beside R.

PART III [17-24] Side, ¼ Sailor Turn L, Side, Touch, Walks Fwd R, L, Back, ½ Turn L, Small Runs forward R, L.

- 1 Step L to L.
- 2&a Step R behind L, Making ¼ turn L (9) step L to L, Step R forward.
- 3-4 Step L to L, Touch R beside L.
- 5-6 Stepping R forward, Stepping L forward.
- 7&8 Step R back and make ½ turn L (3) stepping L slightly to L, Stepping R slightly forward, stepping L slightly forward.

PART IV [25-32] Sways R, L, Side, Together, Step, Side, Sways R, L, ¼ Sailor Turn L, Step.

- 1-2 Sway R to R, Sway L to L.
- 3&a Step R slightly to R, Step L beside L, Step R slightly forward.
- 4 Step L to L.
- 5-6 Sway R to R, Sway L to L.
- 7&8 Step R behind L, Making ¼ turn L (12) step L to L, Step R forward.

(NB: 1st Restart here in Wall 2 after 32 counts (facing 6 o'clock) after start again.

PART V [33-40] Back, Sweep L, Back, Sweep R, ¼ Sailor Turn L, Weave R, Side, Touch, ¼ Turn L, Step, Touch.

- 1-2 Step R slightly back, Sweep L from front to back, Step L slightly back, Sweep R from front to back.
- 3&a Step R behind L, Making ¼ turn L (9) step L to L, Step R to R.
- 4&a Step L behind R, Step R to R, Step L across R.
- 5-8 Step R to R, Touch L beside R, Making ¼ turn L (6) step L forward, Touch R beside L.

(NB: 2nd Restart here in Wall 3 after 40 counts (facing 12 o'clock) after start again.

PART VI [41-48] Walks Fwd R, L, ¼ Turn L, Knee Lift R, Cross Rock / Recover, Sweep R, Syncopated Sailor Steps with ¼ Turn R, Touch, Step, Touch.

- 1-4 Stepping R forward, Stepping L forward and make ¼ turn L (3) lift R knee up, Step R across L, Recover back onto L and sweep R from front to back.
- 5&a Step R behind L, Step L to L, Step R to R.
- 6&a Step L beside R, Making ¼ turn R (6) step R slightly to R, Touch L beside R.
- 7-8 Step L forward, Touch R beside L.

REPEAT DANCE AND HAVE FUN!!!

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