

Life On The Line

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Esmeralda van de Pol (NL) - February 2017
音樂: Life On The Line (feat. Darius Rucker) - Fiona Culley



Intro : 8 counts

S1: FWD, SIDE-TOGETHER, ½ TURN R. SIDE-CROSS, BASIC NC, SIDE, COASTER STEP

1-2& Step RF fwd, Step LF to L side, Step RF next to LF
3-4& Step LF slightly to L side make ½ turn R, Step down on RF to R side, Cross LF over RF□(6)
5-6& Step RF to R side, Step LF behind RF, Cross RF over LF
7-8&1 Step LF to L side, Step RF back, Step LF next to RF, Step RF fwd

S2: ROCK, STEP BACK, ½ TURN R ROCK, RECOVER STEP BACK, BEHIND-SIDE-1/8 R, FWD, FULL TURN L

2&3 Rock LF fwd, Recover weight on RF, Step LF back
4&5 ½ turn R rock fwd on RF, Recover weight on LF, Step back on RF□□□□(12)

*** Tag / Restart wall 5

6&7 Step LF behind RF, Step RF to R side, 1/8 turn R-step LF fwd□□□□□(1.30)
8&1 Step RF fwd, ½ turn L- weight on LF, ½ turn L-Step back on RF□□□□(1.30)

S3: BACK, 1/8 TURN R, CROSS ROCK FWD, ¼ TURN L, STEP FWD, FWD ½ TURN L, FULL TURN R, ¼ TURN R

2& Step LF back, 1/8 turn R-step RF to R side□□□□□□□(9)
3-4& Rock LF across RF, Recover weight on RF, ¼ turn L-step LF fwd□□□□□(12)
5-6-7 Step RF fwd, Step LF fwd make ½ turn L on LF, Step fwd on RF□□□□□(6)
8&1 ½ turn R-step LF back, ½ turn R-step RF fwd, ¼ turn R- step LF to L side □□□□(9)

S4: BACK ROCK, SIDE HIP SWAYS, BEHIND, ¼ R, PIVOT ½ TURN R, TOGETHER, STEP FWD SWEEP

2& Rock RF back, Recover weight on LF
3-4-5 Step RF to R side sway hip, Sway hip L, Sway hip R
6& Step LF behind RF, ¼ turn R-step RF fwd□□□□□□□(12)
7-8 Step LF fwd, ½ turn R-weight on RF□□□□□□□□(6)
&1 Step LF next to RF, Step RF fwd sweep LF to front

S5: CROSS-SIDE-BEHIND, BEHIND-SIDE-CROSS, SIDE ROCK CROSS, SIDE TOGETHER,

2&3 Cross LF over RF, Step RF to R side, Step LF behind RF and sweep RF to back
4&5 Step RF behind LF, step LF to L side, Cross RF over LF
6&7 Rock LF to L side, Recover weight on RF, Cross LF over RF
8& Step RF to R side, Step LF next to RF

Tag: End of the 2nd (12) & 6th wall (06)

1-2 Sway R hip to the right, Sway L hip to the left

In wall 5 Tag & Restart

Dance up till count 5 (section 2) replace count 6

6 Step LF next to RF, Restart the dance at 12 o'clock

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