

Ultra Violet

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Gerard Murphy (CAN) - January 2017
音樂: Ultraviolet - Vox Rea : (CD: To Bring You My Heart - iTunes)



Start on lyrics (after 16 counts on the word "eyes") (No Tags OR Restarts)

STEP, CROSS ROCK FORWARD RECOVER, SIDE TOGETHER, LEFT TURN ¼, STEP, LEFT TURN 1/2 , STEP

- 1, 2, 3 Step right to right side, cross rock left over right, recover to right
- 4 & 5 Step left to left side, step right together, turn ¼ left and step left forward
- 6, 7, 8 Step right forward, turn ½ left (weight to left), step forward right

ROCK FORWARD RECOVER, CROSSING TRIPLE BACK, ROCK BACK RECOVER, STEP, LEFT TURN ¼

- 1, 2 Rock left forward, recover to right
- 3 & 4 Step left back, lock right over left, step left back
- 5, 6 Rock right back, recover to left
- 7, 8 Step right forward, turn ¼ turn left (weight to left)

CROSSOVER BREAK, STEP, CROSSING TRIPLE RIGHT, JAZZ BOX, CROSS STEP

- 1, 2, 3 Cross rock right over left, recover to left, step right to right side
- 4 & 5 Cross step left over right, step right to right side, cross step left over right
- 6, 7, 8 Step right back, step left to left side, cross step right over left

HIP BUMPS, CROSS STEP, RIGHT TURN ¼, RIGHT TURN ¼, LOCKING TRIPLE FORWARD

- 1, 2 Step left to left side and bump hips to left, bump hips to right side (weight to right)
- 3, 4 Bump hips to left side (weight to left), cross step right over left
- 5, 6 Turn ¼ right and step left back, turn ¼ right and step forward right
- 7 & 8 Step left forward, lock right behind left, step left forward

Start Over!
