

Testify

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jamie Barnfield (UK) - February 2017
音樂: Testify (feat. Crystal Waters) - Hifi Sean : (Single - iTunes)



Intro: 16 counts

S1: R DOROTHY, ½ PIVOT, R KICK, R COASTER STEP, L MAMBO STEP

1-2& Step right to right diagonal, Lock left behind right, Step right to right diagonal
3-4 Step on left pivoting ½ right (keeping weight on left), Kick right forward (6:00)
5&6 Step back on right, Step left next to right, Step forward on right
7&8 Rock left forward, Recover on right, Step left next to right (6:00)

S2: R KICK BALL POINT, ¼ L SAILOR STEP, R SHUFFLE FORWARD, STEP, ½ PIVOT

1&2 Kick right forward, Step right next to left, Point left to left side
3&4 Cross left behind right, ¼ turn left stepping right to right side, Step forward slightly on left
5&6 Step forward on right, Step left next to right, Step forward on right
7-8 Step forward on left, Pivot ½ turn right (weight on right) (9:00)

S3: ½ R, BACK R, L COASTER, HEEL DIGS R & L, WALK R, WALK L

1-2 Turn ½ right stepping back on left, Step back on right (3:00)
3&4 Step back on left, Step right next to left, Step forward on left
5&6& Dig right heel forward, Step right next to left, Dig left heel forward, Step left next to right
7-8 Walk right, Walk left (3:00)

S4: ¼ R JAZZ BOX CROSS, R SIDE, DRAG & R CHASSE

1-2 Cross right over left, ¼ right stepping back on left
3-4 Step right to right side, Cross left over right (6:00)
5-6& Step right to right side, Drag left to right, Step on ball of left
7&8 Step right to right side, Step left next to right, Step right to right side *TAG: Wall 2

S5: L BEHIND, ¼ R, STEP, SCUFF, HITCH, BACK, L SAILOR CROSS

1-2 Step left behind right, Turn ¼ right stepping forward on right (9:00)
3-4 Step forward on left, Scuff right forward
5-6 Hitch right knee turning ⅛ right, Step back on right (10:30)
7&8 Turning ⅛ left crossing left behind right, Step right to right side, Cross left over right (9:00)

S6: SIDE, BEHIND, ¼ R, STEP, PIVOT ½ R, ¼ R, BEHIND, SIDE

1-2 Step right to right side, Cross left behind right
3-4 Turn ¼ right stepping forward on right, Step forward on left (12:00)
5-6 Pivot ½ turn right (weight on right), Turn ¼ right stepping left to left side
7-8 Cross right behind left, Step left to left side (9:00) *RESTART Wall 5

S7: CROSS ROCK, RECOVER, R TRIPLE FULL TURN, CROSS, SIDE, BEHIND & CROSS

1-2 Cross rock right over left, Recover on left
3&4 Triple full turn right stepping R L R on the spot [Option: Replace cts3&4 with a right coaster]
5-6 Cross left over right, Step right to right side
7&8 Step left behind right, Step right to right side, Cross left over right (9:00)

S8: TOUCH, KICK, BEHIND, ¼ L, STEP, PIVOT ½ L, STEP, PIVOT ½ L

1-2 Touch right next to left bending both knees slightly, Kick right to right diagonal
3-4 Cross right behind left, Turn ¼ left stepping forward on left (6:00)

5-6 Step forward on right, pivot ½ turn left (12:00)
7-8 Step forward on right, pivot ½ turn left (6:00)

***TAG: Wall 2 after 32 counts (at the end of S4)**

Dance the following 16 ct tag and then RESTART the dance (facing 12:00).

& SIDE ROCK RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, BEHIND SIDE CROSS

&1-2 Step left next to right, Rock right to right side, Recover on left
3&4 Step right behind left, Step left to left side, Cross right over left
5-6 Rock left to left side, Recover on right
7&8 Step left behind right, Step right to right side, Cross left over right
STEP, PIVOT ½ L, WALK R, WALK L, STEP, PIVOT ½ L, FULL TURN
1-2 Step forward on right, Pivot ½ turn left (weight on left)
3-4 Walk right, Walk left
5-6 Step forward on right, Pivot ½ turn left (weight on left)
7-8 Turn ½ left stepping back on right, Turn ½ left stepping forward on left

[Option: Replace cts7-8 with walk right, walk left]

***RESTART: WALL 5 after 48 counts (end of S6)**

Restart the dance by turning ¼ right to face the front wall stepping on right for count 1 of S1

ENJOY!!

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