

Old Time Rock & Roll Baby

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandra Speck (UK) - February 2017
音樂: Old Time Rock & Roll - Michael Bolton : (Album: Songs Of Cinema - iTunes)



#16 count intro (approx. 8 seconds) (No Tags Or Re-Starts)

RIGHT LOCK, RIGHT LOCK STEP, LEFT LOCK, LEFT LOCK STEP

- 1 – 2 Step forward on right, lock left foot behind (slightly towards right diagonal)
- 3&4 Step forward on right, lock left foot behind, step forward on right foot
- 5 – 6 Step forward on left, lock right foot behind (slightly towards left diagonal)
- 7&8 Step forward on left, lock right foot behind, step forward on left foot

CROSS BACK CHASSE, CROSS BACK CHASSE

- 1 – 2 Cross right over left, step back on left foot
- 3&4 Step right foot to side, close left next to right, step right foot to side (slightly facing front right diagonal)
- 5 – 6 Cross left foot over right, step back on right
- 7&8 Step left foot to side, close right next to left, step left foot to side (slightly facing front left diagonal)

JAZZ BOX, ¼ MONTEREY

- 1 – 2 Cross right foot over left, step back on left
- 3 – 4 Step right foot to side, cross left foot over right
- 5 – 6 Point right foot to side, turn ¼ right stepping right next to left
- 7 – 8 Point left to left side, close left next to right

STEP KICK, BACK TOUCH, STEP ¼ FLICK, ¼ TRIPLE STEP

- 1 – 2 Step forward on right foot, kick left foot forward
- 3 – 4 Step back on left foot, touch right foot in front of left
- 5 – 6 Step forward on right foot, turn ¼ right on right foot and flick left foot up (with a woo!)
- 7&8 Triple step left, right, left ,making ¼ turn right

Start again and enjoy

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