

Weary Blues

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lisa McCammon (USA) - February 2017
音樂: Weary Blues - Madeleine Peyroux



#24 count intro

Counterclockwise rotation; Start weight on L; sequence: 24; 48, 48, 48, Tag, 42 + Restart, 48, 48, Tag

Choreographer's note: if you find the very slow tempo difficult, you may want to up the tempo 5% or so at first. The beat is easier to follow at the second repetition. You can count or you can feel the music; it's all good.

S1: SIDE, BACK ROCK, RECOVER, SIDE, BACK ROCK, RECOVER

1-6 Step R to side, rock back L, recover R; step L to side, rock back R, recover L

S2: TURN, STEP, SPIRAL, STEP, STEP, TURN

1-3 Turn right ¼ [3] stepping forward R, step forward L, turn full spiral right

4-6 Step forward R, step forward L, turn right ½ [9]

S3: LEFT TWINKLE, CROSS, TURN, LOCK

1-3 Step L forward and slightly across, step R to side, step slightly forward L

4-6 Cross R, turn right ¼ [12] stepping back L, cross R (these steps move back)

S4: BACK, SIDE, CROSS, SIDE, TOE, TURN

1-3 Step back L, step R to side, cross L

4-6 Step R to side, reach L toes back to right diagonal, turn left ¼ [6], stepping onto L

S5: PRESS, RECOVER, SIDE, CROSS, CHASSE RIGHT

1-3 Press R forward and slightly across L, recover L, step side R

4-5&6 Cross L, step R to side, close L, step R to side

S6: CROSS, TURN, SIDE, CROSS, CHASSE LEFT

1-3 Cross L, step back R turning left ¼ [3], step L to side

4-5&6 Cross R, step L to side, close R, step L to side

S7: CROSS, SWAY, SWAY, BEHIND, SIDE, CROSS

1-3 Cross R, step L to side swaying L, sway R

4-6 Step L behind, step R to side, step L across and forward to right diagonal ***RESTART

S8: HALF TURN RIGHT FALL-AWAY

(NOTE: don't worry about the increments--just focus on turning a half stepping forward, side, back, back, side, cross, starting with your right and ending with your left. These steps will make a smooth arc.)

1-3 Step forward R; starting turn, step L to side, continuing turn, step back R

4-6 Continuing turn, step back L, turn right squaring to [9] stepping R to side, cross L

Tag: FIGURE 8 TAG after 3rd repetition, starting and ending at 3:00

1-3 Step R to side, step L behind, turn right ¼ [6] stepping forward R

4-6 Step forward L, turn right ½ [12] over two counts ending weight R

1-3 Turn right ¼ [3] stepping L to side, step R behind, turn left ¼ [12] stepping forward L

4-6 Step forward R, turn left ¾ [3] over two counts, keeping weight L (legs will end crossed)

***RESTART during 4th repetition. You will start facing [3] and restart facing [6].

ENDING: your last full rotation will end at [12] with 12 counts remaining. You can start the dance as usual, or you can do the 12 count tag, which will end with the ¾ turn as the horns fade out, ta-dah.

Lisa McCammon, dancinsfun@gmail.com and www.peterlisamcc.com. All rights reserved 5 February 2017.
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