A Love Seed

拍數: 48

牆數: 2



編舞者: Jennifer Jou (TW) - February 2017 音樂: Yi Ke Hong Dou (一顆紅豆) - Feng Fei Fei (鳳飛飛) Intro:48 counts - No Tags !! No Restarts !! Sec 1: Basic Fwd Waltz With 1/2 Turn, Right Basic Waltz back Step LF fwd,1/2 turn L step RF back,step LF next RF 123 456 Step RF back, step LF next RF, step RF forward 6:00 Sec 2: Balance L, Balance R 123 Step LF to L side, step RF behind LF, recover on LF 456 Step RF to R side, step LF behind RF, recover on RF Sec 3: Twinkle L, Twinkle 1/4 Turn R 123 Cross LF over RF,rock RF to R side,replace LF to L side Cross RF over LF,1/4 turn R step LF back,step RF to R side 9:00 456 Sec 4: (Cross.Recover,Side)X2 123 Cross LF over RF, recover on RF, step LF to L side 456 Cross RF over LF, recover on LF, step RF to R side Sec 5: Cross, Side, Behind & Sweep, Behind, 1/4 Turn L Forward, Side 123 Cross LF over RF, step RF to R side, step LF behind RF and sweep RF from front to back 456 Step RF behind LF,1/4 turn L step LF forward,step RF to R side 6:00 Sec 6: Cross, Side, Behind & Sweep, Behind, 1/4 Turn L Forward, Side 123 Cross LF over RF, step RF to R side, step LF behind RF and sweep RF from front to back 456 Step RF behind LF,1/4 turn L step LF forward, step RF to R side 3:00 Sec 7: Forward Step, Hitch Kick, 1/4 Turn R Sailor step

Step RF behind LF,1/4 turn R step LF in place, step RF to R side 6:00

級數: Improver

Sec 8: Forward Step, Hitch, Kick, Coaster Step

1 2 3 Step LF forward, hitch RF ,kick RF forward

4 5 6 Step RF back, step LF beside RF, step RF forward 6:00

Step LF forward, hitch RF, kick RF forward

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