I Love My Life

COPPER KNOB

拍數: 64

級數: Intermediate

編舞者: Linda Wolfe (AUS), Cheryl Parker (AUS), Gary Parker (AUS) & Robyn Groot (AUS) - January 2017

(AUS) - Jan



音樂: Love My Life - Robbie Williams : (CD: The Heavy Entertainment Show - iTunes)

#16 Count intro. On vocals at approximately 10 secs

S1: Right Side Rock. Together. Left Side Rock. Together. 1/4 Turn. Step. Pivot 3/4 Turn Right. Behind. 12& Rock Right to Right side. Recover on Left. Step Right beside Left. 34& Rock Left to Left side. Recover on Right. Step Left beside Right. 5 - 6 Turning 1/4 turn Right, step forward on Right. Step forward on Left. (Facing 3 o'clock) 7&8 Pivot 1/2 turn Right. Turning 1/4 turn Right, step Left to Left side. Step Right behind Left. (Facing 12 o'clock)

S2: 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Touch. Out. Out. Hold. Step. Cross. Unwind 1/2 Turn Left.

- 1 2 Turning 1/4 turn Left, step forward on Left. Step forward on Right. (Facing 9 o'clock)
 3&4 Pivot 1/2 turn Left. Turning 1/4 turn Left, step Right to Right side. Touch Left beside Right. (Facing 12 o'clock)
- &56 Step Left out to Left side. Step Right out to Right side. Hold

牆數:2

&78 Step Left beside Right. Cross Right over Left. Unwind 1/2 turn Left. (Facing 6 o'clock)

S3: Right Dorothy Step. Left Dorothy Step. Forward Rock. Full Turn Triple Step Right.

- 12& Step Right forward to Right diagonal. Close Left behind Right. Step forward on Right. (Facing 7 o'clock)
- 34& Step Left forward to Left diagonal. Close Right behind Left. Step forward on Left. (Facing 5 o'clock)
- 5 6 Rock forward on Right. Recover weight on Left. (Straightening up to 6 o'clock)
- 7&8 Full turn triple step over Right shoulder stepping Right. Left. Right. (Facing 6 o'clock) OR Right Coaster Step.

S4: Forward Rock. Left Lock Step Back. Right Lock Step Back. Back Rock.

- 1 2 Rock forward on Left. Recover weight on Right.
- 3&4 Step slightly back on Left. Cross Right over Left. Step slightly back on Left.
- 5&6 Step slightly back on Right. Cross Left over Right. Step slightly back on Right.
- 7 8 Rock back on Left. Recover weight on Right. (Facing 6 o'clock)

S5: Ball Step. Prissy Walk Right. Left. Forward Rock. Ball Step. Walk Forward. Step. Pivot 1/4 Turn Right. Cross.

- &12 Step Left beside Right. Cross Right slightly over Left. Cross Left slightly over Right.
- 3 4 Rock forward on Right. Recover weight on Left.
- &56 Step Right beside Left. Walk forward Left. Right.
- 7&8 Step forward on Left. Pivot 1/4 turn Right. Cross Left over Right. (Facing 9 o'clock)(@@@ Restart facing 12)

S6: Right Side Rock. Right Sailor Step. Left Sailor Step. Step. Pivot 1/2 Turn Left.

- 1 2 Rock Right to Right side. Recover weight on Left.
- 3&4 Step Right behind Left. Step Left to Left side. Step Right to Right side.
- 5&6 Step Left behind Right. Step Right to Right side. Step Left to Left side.
- 7 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 3 o'clock)

S7: Ball Step. 1/2 Turn Right. Kick. Right Coaster Step. 1/2 Turn Right. Kick. Right Coaster Step.

- &12 Step Right beside Left. Turning 1/2 turn Right step back on Left. Kick Right forward. (Facing 9 o'clock)
- 3&4 Step back on Right. Step Left beside Right. Step forward on Right.
- 5 6 Turning 1/2 turn Right, step back on Left. Kick Right forward. (Facing 3 o'clock)
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right.

S8: Left Cross Samba. Right Cross Samba. Forward Rock. 3/4 Triple Turn Left.

- 1&2 Cross Left over Right. Step Right out to Right side. Step Left to Left side.
- 3&4 Cross Right over Left. Step Left out to Left side. Step Right to Right side.
- 5 6 Rock forward on Left. Recover weight on Right.
- 7&8 3/4 Triple turn Left stepping Left. Right. Left. (Facing 6 o'clock)

Start Again

@@@ Restart on Wall 2. dance the first 38 counts and add the following facing 12 o'clock:

78& Step forward on Left. Step forward on Right. Ball step Left beside Right. Restart.

Ending: On Wall 6, dance the first 16 counts ending with Unwind 1/2 turn Left to face the front.

Contact: Gary Parker - moderncountry1@hotmail.com