

Making History – Easy

拍數: 32 牆數: 4 級數: Beginner
編舞者: Agnethe Hansen (DK) - February 2017
音樂: History - One Direction : (iTunes)



Sequence of dance: 24-(Restart)-24-(TAG and Restart)-32-24-(TAG and Restart)-32-32-32-16
Intro: Start on vocal

Chasse right - Rock back left - Chasse left - Rock back right

1 & 2 Step right foot to right side, Close left foot beside right foot, Step right foot to right side
3 – 4 Rock back on left foot and recover on right
5 & 6 Step left foot to left side, Close right foot beside left foot, Step left foot to left side
7 – 8 Rock back on right foot and recover on left

Rock forward right - Shuffle back right - Rock back left - Shuffle forward left

1 – 2 Rock forward on right foot and recover on left
3 & 4 Step right foot back, Step left foot next to right, Step right foot back
5 – 6 Rock back on left foot and recover on right
7 & 8 Step left foot forward, step right foot beside, step left foot forward

Ending on wall 9 (touch right toe beside left foot)

Step ¼ turns left x 2 - Cross Point left - Sailor 1/4 turn left

1 – 2 Step forward on right foot and make a ¼ turn left – weight on left foot
3 – 4 Step forward on right foot and make a ¼ turn left – weight on left foot
5 – 6 Cross right foot over left and point left foot to the left side
7 & 8 ¼ turn left stepping back on left foot, step right foot beside left and step left foot forward

Restart on wall 1 - Tag and restart on wall 2 and on wall 4

Rock forward right - Shuffle back right - Rock back left - Shuffle forward left

1 – 2 Rock forward on right foot and recover on left
3 & 4 Step right foot back, Step left foot next to right, Step right foot back
5 – 6 Rock back on left foot and recover on right
7 & 8 Step left foot forward, step right foot beside, step left foot forward

Tag on Wall 2 and 4

1 - 2 Rock forward on right foot and recover on left foot
3 - 4 touch right toe beside left and Hold