

The Island

拍數: 32 牆數: 2 級數: Improver / Intermediate
編舞者: Rebecca Armstrong (SCO) - January 2017
音樂: The Island - Skipinnish



#18 count intro

[1-8] Fwd shuffle, L side shuffle, back shuffle , full turn

1&2 step R fwd, step L beside R, step R fwd
3&4 step L to L side, step R beside L, step L to L side
5&6 step back on R, step L beside R, step back on R
7-8 make ½ turn (back) L, stepping on L, make ½ turn (back) L, stepping on R

[9-16] Behind side cross, rock recover, cross shuffle, half turn

1&2 Step L behind R, step R to R side, step L across R
3-4 rock R to R side, recover on to L
5&6 step R across L, step L to L side, step R across L
7-8 step L to L side, make ½ turn R stepping R to R side

[17-24] Step scuff, ¼ pah-d-bah, fwd shuffle, ¼ pivot L

1-2 step fwd on L, scuff R
3&4 make ¼ turn L stepping R in place, step L beside R, step on R kicking L to L diagonal
5&6 step fwd on L, step R beside L, step fwd on L
7-8 step fwd on R, pivot ¼ turn L (weight on L)

[25-32] rocking chair , ½ pivot, walk fwd R, L

1-2 rock fwd on R, recover back on to L
3-4 rock back on to R, recover fwd on to L
5-6 step fwd on to R, pivot ½ turn L (weight on L)
7-8 walk fwd R, L

Tag: End of walls 4 & 9

Walk fwd R, L

Restart: After count 16 on Wall 8

Count 16 will be a touch instead of a step (keep weight on L) ready to shuffle fwd on Right