

Nobody But Me

拍數: 80 牆數: 1 級數: Phrased Intermediate
編舞者: Kae Mance (USA) - January 2017
音樂: Nobody But Me - Michael Bublé



Stepsheet written by: Kae Mance and Letty Anne Martin

Counts: 48/part A; 32/part B - 2 parts - A & B, designed as a performance dance.

Begin dance: 8 counts before beginning dance, starts with lyrics.

A1: R then L toe-heel steps; rock R forward, step L back, 1/2 turn R to 9:00 wall; step forward R then L

1-2 Touch R toe forward, drop R heel (angling toward 2:00)
3-4 Touch L toe forward, drop L heel
5-6 Rock forward R, recover L
7-8 Make 1/2 turn R [9:00] weight on R, step L forward

A2: Rock R forward, recover L; 1/4 turn right; L cross over R, R cross over L, repeat L & R crosses; rock R to right, recover to L

1-2 Rock forward on R , recover L beginning to turn to right
3-4 1/4 turn R (12:00) with R (leg straight), L cross in front (knees bent)
5-6 R straight out to R, L cross in front (knees bent)
7-8 Rock R to right, recover to L

A3: R cross, L point; L cross, R point; bring R ankle to knee, point R to right side (pointed toes); repeat point > knee; then point > side

1-2 Step R across L and point L foot
3-4 Step L across R, point R foot to right side (toe pointed)
5-6 Bring R foot to knee, point R foot to R side (toe pointed)
7-8 Bring R foot to knee, point R to right side

A4: Rock R forward, recover to L; sweeps back R, L, R, L; rock R back, recover to L

1-2 Rock R forward, recover to L
3-4 R foot sweeps back , L foot sweeps back
5-6 R foot sweeps back, L foot sweeps back
7-8 Rock R back, recover to L

A5: R shuffle forward; L shuffle forward; R shuffle back; L coaster step

1&2 Shuffle forward R, L, R
3&4 Shuffle forward L, R, L
5&6 Shuffle back R, L, R
7&8 Step back on L, Step R beside L, step forward on L

A6: Step R, L cross behind R; step L, R cross behind L; step R, bump hips R L; twist w/ both feet R-L-R (weight on L foot)

1-2 Step R to right side, touch L behind R
3-4 Step L to left side, touch R behind L
5-6 Swing hips R then L (palms flat out swinging in front R L)
7&8 Elvis twist R L R ending with weight on L foot

B1: Right samba front, L samba back, 1/2 pivot turn left, 1/2 pivot turn L, step back L

1&2 R foot step forward, quickly shift weight to L, and home with R
3&4 L foot step back, quickly shift weight to R, and home with L
5-6 Step forward R, pivot 1/2 left weight on L (6:00)
7-8 Step forward R, pivot 1/2 turn left (12:00) w/ weight on R, then step back on L

B2: L point, cross over R, R point, cross over L; 3/4 R back swivel turn; L back lock step

- 1&2 Point L to left side, cross L over R
- 3&4 Point R to right side, cross R over L
- 5-6 Make 3/4 back swivel turn to R ending up on 9:00 wall.
- 7&8 Back lock step L, R, L

B3: R sailor, L sailor w/ 1/2 turn, rock forward R back on L; Swivel 1/2 to 9:00, then swivel 1/4 to 12:00 wall on L.

- 1&2 Right sailor step in place.
- 3&4 Left sailor step with 1/2 turn to L (3:00).
- 5-6 Rock forward R; recover to L.
- 7-8 Make 1/2 swivel turn right (9:00), 1/4 turn to right (12:00 wall).

B4: Step to R to right, slide L home, hop L to left, slide R home, step R forward, hop back L, hip bumps R, L, R

- 1-2 Step right foot to right side w/ a little hop of right heel, & slide left foot home.
- 3-4 Step left foot to left side w/ a little hop of right heel, & slide right foot home.
- 5-6 Hop quickly forward on right foot and then back quickly on left foot.
- 7&8 Twist or do hip bumps, R, L, R while pointing to self (with attitude).

Begin dance with dancing Part A on lyrics. Do Part B; Part A, Part B 2 times (includes hip-hop part), dance first 16 counts of Part A; then Part B twice.

Seq: A B A BB A16, BB

Contact: khmance@hotmail.com
