

Matchbox

拍數: 48 牆數: 2 級數: Improver
編舞者: Mal Jones (UK) - January 2017
音樂: Matchbox - Carl Perkins



Alt. Mercury Blues by Alan Jackson

Music available at [www.amazon u.k.downloads](http://www.amazon.co.uk/downloads) (No Tags or Restart)

S1: RIGHT SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, HOLD.

1 2 3 4 Right to right side, touch left foot to right instep (no weight), left foot to left side, low kick right to right diagonal

5 6 7 8 Cross right behind left, left to left side, cross right across, hold for one count.

S2: LEFT SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS, HOLD.

1 2 3 4 Left to left side, touch right foot to left instep (no weight), right foot to right side, low kick left to left diagonal.

5 6 7 8 Cross left behind right, right to right side, cross left over right and hold for one count.

S3: SIDE ROCK, CROSS , HOLD, SIDE ROCK, CROSS HOLD.

1 2 3 4 Right side rock recover on left, cross right over left, hold for one count.

5 6 7 8 Left side rock, recover on right, cross left over right, hold for one count.

S4: ROCKING CHAIR, 2 x ¼ PADDLE TURNS

1 2 3 4 Rock forward onto right foot, recover weight on left, rock back onto right foot, recover weight on left.

5 6 7 8 Step forward on right , pivot 1/4 turn left, forward on right, pivot 1/4 turn left, using hip sway movements. (6 o'clock).

S5:STEP LOCK STEP, BRUSH LEFT, STEP LOCK STEP, BRUSH RIGHT.

1 2 3 4 Step forward on right to right diagonal, cross left behind right leg, step forward right, brush left forward, (no weight).

5 6 7 8 Step forward on left to left diagonal, cross right behind left leg, step forward on left, brush right forward, (no weight).

S6: (Jazz Box with Toe Struts) R. CROSS TOE STRUT, L. SIDE TOE STRUT, R. BACK TOE STRUT, L. CROSS TOE STRUT

1 2 3 4 Cross right toe over left, lower right heel, back and left side on toe, lower left heel.

5 6 7 8 Step back on right toe, lower right heel, cross left toe over right, lower left heel.