

12 Steps

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Beginner
編舞者: Roger Neff (USA) - January 2017
音樂: 12 Step Program (of Love) by D. D. Alan



Intro: 32 Counts

Tag at end of 4th wall facing 12:00. Repeat last 16 counts, then start again.

Note: Throughout most of the dance, the last 16 counts are danced on the instrumental interlude, or musical tag. This musical tag is repeated at the end of the 4th wall (facing 12:00) before vocals begin again.

Pattern: 48, 48, 48, 48, 16 (repeat of last 16 counts), 48, 48, 48, 48...

[1-8] □ □ Step L, Step R Beside L, Step R Forward, Hold, Weave to R

1-2-3-4 Step L, Step R beside L, Step L fwd, Hold
5-6-7-8 Step R, Step L behind R, Step R, Step L over R

[9-16] □ □ Step R, Step L Beside R, Step Back on R, Hold, Weave to L

1-2-3-4 Step R, Step L beside R, Step back on R, Hold
5-6-7-8 Step L, Step R behind L, Step L, Step R over L

[17-24] □ □ Step L, Touch R Beside L, Turn ¼ to R and Step on R, Step L Beside R (or Swivel L Toe beside R), First Half of K-Step

1-2-3-4 Step L, Touch R beside L, Turn ¼ to R and Step R, Step L beside R (or swivel L toe toward R)
5-6-7-8 Step diag. fwd on R, Touch L beside R, Step back in place on L, Touch R beside L

[25-32] □ □ Second Half of K-Step, Step Forward on R, Step L Beside R, R Toe Fan

1-2-3-4 Step diag. R back, Touch L beside R, Step L back in place, Touch or Scuff R beside L
5-6-7-8 Step fwd on R, Step L beside R, Fan R toe out-in

[33-40] □ □ L and R Heel Touches, Lock Steps Forward

1-2-3-4 Touch L heel fwd, Step in place, Touch R heel fwd, Step in place
5-6-7-8 Step fwd on L, Lock R behind L, Step fwd on L, Hold

[41-48] □ □ R and L Heel Touches, Step Back R, L, R

1-2-3-4 Touch R heel fwd, Step in place, Touch L heel fwd, Step in place
5-6-7-8 Step back on R, Step back on L, Step R beside L, Hold

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