

Crazy Lovin' Mambo

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sandy Reynolds (USA) - October 2016
音樂: Ding Dong, Sing My Song - Michael English



#32 Count Intro. Begin dance with singing.

S1: MAMBO FORWARD & BACK, MAMBO RIGHT & LEFT

1&2 Step forward onto Right, step Left in place, step Right next to Left
3&4 Step back onto Left, step Right in place, step Left next to Right
5&6 Step Right to right side, step Left in place, step Right next to Left
7&8 Step Left to left side, step Right in place, step Left next to Right

S2: KICK BALL CROSS, STEP, CROSS, STEP, CROSS, STEP & HIP SWAYS, 1/8 TURNS

1&2 Kick Right foot forward, step Right beside Left, cross Left over Right
&3&4 Step Right to right, cross Left over Right, step Right to right, cross Left over Right
5, 6 Step Right and sway hips to right, sway hips to left
7, 8 Step forward on Right, turn 1/8 with hip bump, step forward on Right, turn 1/8 with hip bump

S3: 4 CROSS TOUCHES

1, 2 Step Right across Left, touch Left to left side
3, 4 Step Left across Right, touch Right to right side
5, 6 Step Right across Left, touch Left to left side
7, 8 Step Left across Right, touch Right to right side

S4: WALK BACK RIGHT & LEFT, STEP TOGETHER, HEEL SWIVEL, 4 PADDLE TURNS

1,2 Walk back onto Right, walk back onto Left,
3&4 Step Right next to Left, with weight on toes ,swivel heels right and back to center.
5,6 Step forward onto Right toe shifting weight slightly, push around 1/8 with a hip bump, return weight to Left foot, repeat.
7,8 Repeat 5,6

Begin again and have fun!

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