Fear of Falling

拍數: 32

級數: Beginner

編舞者: Roger Ingmire (USA) - February 2017

音樂: A Fear Of Falling - Donna Fisk & Michael Cristian

No Tags Or Restarts - Rotation: CW - Weight on Left

Intro: 32 (after music begins)

[1 - 8] Modified Right Rumba Box Forward

- Step right to side, step left together, step right forward, touch left beside right 1-2-3-4
- 5-6-7-8 Step left to side, step right together, step left forward, step right Deside left

[9 - 16] Heel Splits X 2, Rocking Chair

- 1-2-3-4 Split both heels apart, bring both heels together X 2 (weight on left)
- 5-6-7-8 Rock right forward, recover left, rock right back, recover left

[17 - 24] Monterey 1/4 Turn Right, Weave to Left

- 1-2-3-4 Point right to side, turn 1/4 right as you step right together, point left to side, step left together
- 5-6-7-8 Cross right over left, step left to side, cross right behind left, step left to side

[25 - 32] Right Jazz Box with Cross, Vine to Right with Cross

- 1-2-3-4 Cross right over left, step left back, step right to side, step left across right
- 5-6-7-8 Step right to side, Step left behind right, step right to side, cross left over right

DANCE STARTS OVER

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牆數:4